Quarter 1 Reporting



April – June 2023

A few w<mark>ords from</mark> Dawn Yates-Obé, Chief Executive of Bolton CVS...

With the new financial year comes Bolton CVS' new website and data management system, which we're very excited about! Our ambition is to continually evolve our services and methods of communication so that we're as accessible as possible. Our digital 'face' at Bolton CVS felt unchanged for too long and in need of a lift; and some of our 'back office' systems were slowing us down. Well... not anymore! We're off to a flying start to 2023/24 and can't wait to engage with you, our VCSE sector and partner colleagues in new, more creative ways.

As well as a digital facelift, we have plans to refresh our physical meeting places at The Bolton Hub. We feel it's important that the spaces where we invite our partners and communities to meet, share, celebrate and deliver life enhancing activities are as welcoming and engaging as the people who occupying them. More to follow on that!

The role of the team at Bolton CVS is to support the VCSE sector to do what they exist to do as well as they possibly can; and it's their commitment to making a positive difference in our communities that inspires us every day to continually improve and evolve our offer (so that we can keep up with our brilliant sector!). We are embedding new ways of working whilst persistently exploring more. 2023/24 will inevitably be challenging in some ways and, no doubt, throw us all some unexpected curve balls; and that's why we're not being complacent and 'sitting still' at Bolton CVS. We're evolving, alongside our VCSE sector and wider partners; so that together, we're ready!

Thank you to our valued stakeholders and investors for your unwavering support, which allows us to think big and continue to evolve. Thanks too to all who have checked out our <u>new website</u> and shared feedback. If you haven't had chance yet, you'll find a link in the report below. We look forward to hearing what you think!

Quarter 1 in Numbers

Click here to see how we have evolved

- £282,001.30 in grants and investments made to 34 groups and organisations
- 104 volunteering enquiries managed, 65 individuals received one to one support, 50 direct connections made to volunteering opportunities
- Overall, 42 VCSE groups and organisations have been supported in a development capacity
- 24 eBulletins delivered to 2,589 people across the sector (weekly, TGI Friday, Funding Bulletin, Proper Good and Stronger Together Training Programme)
- 12 training sessions with 88 participants
- I Voluntary and Community Sector Forum held with 40 people in attendance

Engagement Quarter 1, 2023 - 2024



The most viewed pages this quarter are: Bolton CVS Homepage, Bolton's Fund, Job Vacancies, Training and Bolton CVS Volunteering Services.



This quarter, we have had 24 new followers, sent out 47 tweets, had 426 mentions and the Bolton CVS profile was visited 2,148 times.



This quarter, we have had 45 new followers and 36 page likes. The Bolton CVS Facebook page now has a total of 2,454 likes.

317 followers

This quarter, we have recieved **57 new** followers.



The Find a Group function on the website has had **505 page views**, with **445 unique page views.** On average users are **spending 23 seconds** on the page.

There have been **2 new organisations** included in the Find a Group listing function.

Engagement Additional Information



13 weekly eBulletins have been sent out reaching **2,589** recipients.

3 TGI Friday e-shots, **3** Stronger Together Training Programme e-shots, **2** funding e-shots and **3** Proper Good e-shots shared.

37 groups promoted in the weekly eBulletins.

9 consultations and surveys were promoted via eBulletins and social media, ensuring Bolton CVS provides a comprehensive response to local key consultations and supporting the voice of Bolton's VCSE sector to be heard.

Bolton CVS has been mentioned **3** times in press releases during Quarter 1.

It's finally here!

Over the past few months, with support from Bolton at Home, we have been working hard alongside Portfolio and Northbridge Digital to completely overhaul our website and database system. Our new website and CiviCRM database launched in June 2023 with great success and we would like to thank the teams at Portfolio and Northbridge Digital for their contribution to the completion of this monumental task.



Portfolio did much of this development work at a reduced cost for the benefit of Bolton's VCSE sector. Their contribution to social value through the website creation process and the continued development of our website is invaluable and will have an incredible impact on the improved accessibility of our services and support.

> Share your thoughts by e-mailing communications@boltoncvs.org.uk



Events Quarter 1, 2023 - 2024



Volunteers' Week 1 - 7th June

As part of Volunteers' Week, we brought together Volunteers and Volunteer Managers across Bolton's vibrant VCSE sector to celebrate their achievements over the last year. Their stories share some of their inspiring experiences and some were captured on video, which you can watch <u>here.</u>



Bolton's Big Help Out

To celebrate the Coronation of King Charles III, Bolton Council and Bolton CVS worked in partnership to bring together organisations from the incredible VCSE sector for the chance to network, recruit volunteers, promote their work and services, fundraise and marvel in some springtime community spirit! It was a lively, fun and interactive event, and we had an absolute blast celebrating with the sector.



BAND - Family Action Open Day Event

To celebrate moving to a new building, BAND held an open day to advertise their services and invited along people from the sector to celebrate the fantastic work they do and the sector as a whole. Our Volunteer Development Officer, Samim Vali, stopped by to show our support and to make connections with over **20** groups discussing how we can support them with their volunteering needs.



Volunteering at Bolton College

As part of our Volunteers' Week celebrations, our Volunteer Development Officer, Samim Vali, was invited to host a stall at Bolton College as a chance to connect with students. She learnt about their experience of volunteering and advertised some of the volunteering opportunities available in the sector. She engaged with **53** potential volunteers.

Training Quarter 1, 2023 - 2024

Click here to see all the training sessions we held this quarter!



'Thank you for the Safeguarding Training. It was extremely useful and I have been able to use what I learned from your course to advise one of our volunteers, who discussed a safeguarding concern with me.'

Comment from Carole from Create Bolton, she attended the Safeguarding Adults at Risk training.

'As a direct result from Elaine's presentation last Friday, I have 6 new trustees up for approval at our meeting next Monday.'

Comment from Ralph from Bolton Adult Autism Support Group (BAAS), attended The Essential Trustee training.

Volunteering Quarter 1, 2023 - 2024



Funding Quarter 1, 2023 - 2024



No funding returned this quarter

In Quarter 1, Bolton's Fund, from Bolton Council, made up the total of the funding awarded through grants administered by Bolton CVS (£282,001.30).

£24,589.00 grant funding secured by Bolton VCSE groups from external funders, including sponsors.

19 external funders promoted in weekly eBulletin and **77** funding opportunities promoted across Greater Manchester.

In this quarter, Bolton CVS administered Bolton Community Homes Investments Programme.

'We didn't have much experience applying for grants but the Bolton's Fund was really accessible and the funding really propelled us forward, allowing us to focus on delivery, to widen our team and bring on board lots of ambassadors.'

- Josie, Tales to Inspire

The following rounds of Bolton's Fund were administered in Quarter 1:

- 1. Bolton's Fund Round 31 Small Grants All Themes
- 2. Bolton's Fund Round 40 Creative Connections
- 3. Bolton's Fund Round 41 Summer Holiday Activity and Food (HAF)
- 4. Bolton's Fund Round 42 Household Support Fund
- 5. Bolton's Fund Round 43 Standing Together

The summary reports for Bolton's Fund awards can be found here.











Social Prescribing Quarter 1, 2023 - 2024



Group Visits:

Parkinson's UK Bolton Branch Seated Yoga Sessions – Harwood Methodist Church

This is a lovely group, which focuses on yoga exercises specifically aimed at people with Parkinson's disease. The members of the group take part in yoga while their carers meet in the onsite café. This enables those with Parkinson's to do something independently.

Tracey McCue, our Social Prescribing Link Worker, joined in the session with the instructor, Liz.

Before working on balance, Liz went through some breathing and upper body exercises. It was obvious that people found this session very beneficial.

Precious Memories Group, Little Lever

This supportive group is for people experiencing memory problems, including those with Dementia and Alzheimer's, their carers and families. Everyone arrives in time for lunch which is prepared by the volunteers and they all enjoy a meal together before a quiet session of table games such as dominoes or cards.

On the day Tracey visited some representatives from Bolton Carers Support who were there to offer advice on benefits and other practical matters.

It was wonderful and heart warming to see the smiles and laughter from everyone, including the volunteers in the kitchen.

All Souls Games Group

Tracey found this little group decidedly short on members but it was no less welcoming because of it. Patsy and Leonard meet every week to play various board and table games and they have a chat together with anyone who uses the centre.

Tracey was asked to join in a game of dominoes, which she did, and managed to win! She was told that people have not really returned to the group post pandemic. Tracey promised she would promote the group by various methods including Bolton CVS platforms and ensure other Social Prescribers, who work in the area, signpost people along.



Bolton Prostate Cancer Support Group - Harwood Methodist Church

This was very well attended by a lively group of over 20 men, facilitated by Dorothy who does a sterling job of keeping them focused! When Tracey attended, guest speakers were invited: a cancer nurse and two prostate cancer specialists who cover Greater Manchester.

Following this there was an open discussion where the men shared their experiences; stories of treatment and medication, with a lot of laughter and joking added to the mix!

One of the experiences shared was from a chap who ran his own decorating business and was busy working when he had his routine 'MOT' and discovered through the tests which were carried out, that he had prostate cancer. He told us that he has since re-evaluated his life and has now retired. It was his first visit to the group and he thought it was marvellous.

St Katherine's Church Blackrod - Connect Group

This wonderful, friendly group started out as one of the Warm Spaces during winter and has carried on. The group made Tracey feel welcome and nearly every one of them offered her tea and cake! They wanted to hear all about her role and were very happy that she would be signposting people to the group.

Tracey sat next to a woman who told her that the group was a lifeline for her as she had recently moved back to Bolton following her husband's death after 20 years of living in Portugal.

She didn't know anyone in Blackrod, she wasn't religious and was worried at first about attending something based at a church, but it hasn't mattered at all as she has been made to feel welcome from the start.

The assistant clergywoman Carol was keen to show Tracey around the building and tell her what else takes place.

Income Quarter 1, 2023 - 2024



Our income during the first quarter of this year is generated from the following streams:

- Bolton CVS Generated including rental income from
- Bolton Council investments for the VCSE sector including infrastructure grants and project specific costs.
- Bolton at Home investments for the VCSE sector and the Peer Navigator programme.
- Bolton Wanderers in the Community income generated by the BRIDGE Digital Skills Programme.
 Royal Bolton Hospital - includes Social Prescribing Link
- Worker.
 10GM Workforce Development programme.
- GMCVO Proper Good Social Enterprise Support programme.

Wellbeing and Health Quarter 1, 2023 - 2024

We Are Here: we developed a training session for the purpose of health and care staff in Bolton to have a better understanding of the VCSE sector. First session was delivered to **16** attendees. The aim is to deliver this session on a quarterly basis.

VCSE Representation at Chief Nurse Non-Medical Conference: Bolton CVS facilitated a conference to help raise awareness about the incredible organisations who make such a difference to people in Bolton, helping to bring us closer together so that we are one joined-up service and patients feel even more supported.

You can see more about the event on the Bolton NHS Foundation Trust <u>Twitter thread</u>.





Health Inequalities Project: Over **300 people** attended the health inequalities clinics, some of the health checks led to other referrals. The work around this project has been showcased as part of 10GM's Fairer Health for All project. An evaluation report has been submitted to 10GM, to illustrate the positive results of this important partnership to tackle health inequalities within the borough.

Unlocking Wellbeing: This is a 3 year Lottery funded partnership to identify barriers in the system for carers, to improve health and wellbeing and reduce health inequalities; especially for carers from minority ethnic communities and those experiencing financial hardship.

The project employs two part time Key Workers who sit within Bolton Carers Support and Bolton Solidarity Community Association. There has been continuous work to identify key issues through the support of carers in Breightmet and Rumworth.

The Wellbeing Programme has now begun, delivered by The Octagon Theatre and Bolton Wanderers in the Community to identify hidden carers and build carers' confidence and voice. **ACEs/Trauma Informed:** Working with Kerry Tottingham from A Brilliant Thing to support VCSE organisations to learn and become more 'trauma informed'. This has been commissioned by Bolton Council and is part of a borough wide focus. Initial engagement has been completed and the project is ready to set up a series of co-designed workshops to help produce a toolkit that is fit for purpose for the sector.

Neighbourhoods & Communities Integrated Partnership: Bolton CVS has continued to be involved in the design and implementation of our evolving neighbourhood model. This ensures that provision of, and accessibility to, our borough's incredible VCSE sector is a primary consideration; recognising their contribution to supporting the wellbeing, health and quality of life of our people.

Preventative Providers: Bolton CVS hosts this key monthly forum for providers of preventative services across the borough. The aim is to ensure a joined up approach to the consideration and delivery of high quality VCSE sector services that deliver on the prevention and carers' agendas within the borough.



It's about ensuring two-way communication and intelligence sharing to inform planning, action and decision-making.

This quarter, we have elected a new chair, Suzanne Hilton, refreshed the terms of reference in recognition of the group's evolution and are reviewing the membership in order to increase engagement and impact.

Our Wellbeing and Health Manager attended **5** events/sessions.

'Just wanted to say thank you again to Liam and Dawn for coming along today to our Public Health Team meeting and sharing a few observations.

I think you both raised some great points around how important it is to listen to our communities when we are faced with particular challenges especially around providing access to advice, information and health services.

You also talked about empowering our communities to take responsibility for their own health.

Using the feedback from our communities as intelligence is really important and it feels like there is momentum building around this across Bolton at the moment via the Locality developments and via the ACP plans. So lots of opportunities to take forward in the interest of our local communities to improve the population's health and address health inequalities.'

 Karen Cassidy, Assistant Director for Population Health, Bolton Council

Development Quarter 1, 2023 - 2024





In this quarter **3** organisations have undertaken a 'Healthcheck'.

9 groups are working towards acquiring the Bolton Mark.

A bespoke session was facilitated for the CEO and Trustees of Mhist to develop a fundraising plan, including a comms plan and collecting stories to share with the public about their work.

Type of support given:

Direct Board and CEO support around governance, safeguarding, policies, registering as a charity, reporting requirements and recruitment

Supporting potential community asset transfers

Support to apply for funding

Networking and publicity

General support around governance, policies, DBS checks, training, measuring impact and volunteer development

Setting up a group, CIC or CIO



Karen Arkwright, VCSE Development Officer

Meet our two new members of the Development Team who will be able to help and support groups along their journey.



Diana Khasa, Senior Development Officer

Refugee and Asylum Seeker Project Worker

Our Refugee and Asylum Seeker Project Worker is responsible for coordinating and supporting events and activities to facilitate community cohesion and integration with refugees and asylum seekers, with particular emphasis on Ukrainian guests and sponsors.

Bike Safety Course:

Association of Ukrainians in Great Britain (AUGB) received a donation of bikes from the University of Bolton to ensure our Ukrainian guests understand road safety and boost their confidence. This project was in collaboration with the AUGB Bolton branch, Cyle2Health, Urban Outreach and Wave Adventure.

Bolton Unity Festival:

Ukrainian families and their sponsors were invited to attend the Bolton Unity Festival which included a market place of local organisations and provided an opportunity for them to find out about community groups that run activities across Bolton. In addition, thanks to Bolton Wanderers in the Community and Bolton Christian Community, they all received football tickets.

'We have had around 10 Ukranian women join us over the last two weeks, they have been so engaged and open to being creative and getting involved and they seem keen to join regularly which is wonderful! Thanks for all your help with getting them involved.'

- Lucie Jowett, Community Theatre Director at Octagon Theatre

Membership

In total, there are **620** Bolton CVS Members, from that 550 are full members, 70 are associate members and **0** members have disbanded.

This quarter, **6 new members** were approved at the Bolton CVS Trustees meeting in May 2023, these groups are; **Tunity CIC, VoiceAbility, Bolton Metro Squad, Westhoughton Allotment and Gardening, Bolton Communicators and North West Numbers CIC.**

<u>Complete the form</u> to become a member of Bolton CVS.

Social Enterprise Quarter 1, 2023 - 2024



'The workshop exceeded my expectations, covering lots of ground but very informally.'

- Participant attended Business Planning workshop

Accessibility Quarter 1, 2023 - 2024

Bolton CVS and The Bolton Hub continues to be a centre for community activity and action in Bolton.

We are committed to ensuring accessibility of our services both within The Bolton Hub and within the community.

Rent a Desk

The Bolton Hub is offering desk space and a great range of services available to hire on a daily basis. Printing, copying and mail box facilities are available at an additional charge.

- Building access Monday to Friday from 8.30 am 5.00 pm
- Friendly staffed reception
- High speed Wifi
- Free tea and coffee
- Fully accessible building
- Discounted rate for meeting room hire

Email our team at hub@boltoncvs.org.uk if you are looking to rent a flexible desk space, we will be happy to provide more details.

4 free room hires provided to Beacon Counselling Service, Bolton GP Federation, Greater Manchester Training Hub and Bright Direction Training.



Huge welcome to Rachel Liptrott, our Information and Facilities Worker

Twelve months ago I started working for Bolton CVS alongside Bolton at Home as a Peer Navigator for the Kearsley and Farnworth area.

I had wanted to get back into part time work but take a different career path after 10 years as a dental nurse then taking a break to look after my children. I saw the Peer Navigator role advertised and thought the role looked really interesting.

I enjoyed the Peer Navigator role very much and learned a lot working with local community groups and the VCSE sector. The role was an 18 month contract so towards the end I started to look for other opportunities within the sector.

I had attended meetings and training at The Bolton Hub and always found the building very welcoming, so when I saw the role of Information and Facilities Worker advertised I was very interested. I asked to shadow the team so I could experience what is involved in the day to day running of a community building. From that experience I knew I would enjoy working at The Bolton Hub so I applied for the job and was successful.

I've been working at The Bolton Hub for 5 weeks now and I'm settling in very well. All the staff are very friendly and I am meeting a lot of new people. Every day is a new challenge and I look forward to coming into work each morning.

Influential Voice & Collaboration

Quarter 1, 2023 - 2024

Business Development Update

We continue to raise the profile of the VCSE sector with local companies and upskill representatives of local VCSE groups to develop their 'offer' to companies through Engaging Corporate Supporters workshops. We are grateful to the VCSE groups and organisations around Bolton who have been supportive of these new workshops by agreeing to be filmed talking about their corporate fundraising experience.

Our Social Value work has moved along with the help of a group of 'Pilotlighters', who are senior managers and directors from Barclays Bank, brought together by Pilotlight. This is an organisation that supports charities by linking them up to corporate volunteers.

The project has created a framework and plan to bring closer the social value work of local companies and the amazing activities of the VCSE sector.

We are supporting the relaunch of the Social Value Partnership, a cross-sector partnership working to boost the Bolton economy and communities through social value work. In addition, we are working with local delivery partners to create support for the VCSE sector to have a thorough understanding of social value.

Our staff have undertaken the Journey To Net Zero training which will enable us to create a framework for Bolton CVS to aim for Net Zero by 2038. The plan is then to develop some practical support for the VCSE sector in Bolton to do the same.

Helen Clayton, our Business Development Manager, is working with Richard Phillips from MACC to start a peer-to-peer support network for people working in infrastructure organisations in Business Development Manager roles or within a role that involves engaging with companies.

Partnerships

Partnership and collaborative working is very important to us at Bolton CVS, as such members of our team continue to participate in **102** strategic Boards and Partnerships across Bolton and Greater Manchester.



The Violence Reduction Unit is about addressing the underlying causes of violence and working together with communities to prevent it.

Find out more about the project.



Work has begun on Bolton CVS' Voice and Influence Model.

This quarter we welcome a new Project Coordinator, Gemma Roberts. Coming from the VCSE sector Gemma recognises the extremely important work the sector does to improve the lives of our communities at both a local and national level.

Gemma believes in community power and feels that the best way to harness the wealth of knowledge people have is through the amplification of voices and lived experiences.

Come along to Bolton CVS' different forums, panels, and network spaces to meet Gemma and ensure your community voices are starting to be heard and represented in Bolton's strategic planning spaces.

Workforce Development Project with 10GM

Gemma will also be Bolton's lead for the Workforce Development Project. This project aims to identify key workforce areas that VCSE organisations in Greater Manchester need support with.

Key areas that have already been identified are:

- · Recruitment
- HR Support
- Workforce Wellbeing
- Equality, Diversity and Inclusion
- Cultivating Talent and Training
- Leadership Development

If you are experiencing any problems in these key areas please know that there is some important work being done to ultimately improve the sustainability of the sector. We will keep you updated, for more information e-mail Gemma on <u>gemma@boltoncvs.org.uk</u>.

Case Studies Quarter 1, 2023 - 2024



Case Study: Catherine Jones, Volunteer Receptionist

I have been in recovery for the last five years following a serious head injury in 2018 so I have not been working since. I am now ready to face the world again and Bolton CVS has given me this fantastic opportunity to get me back into the work environment. <u>Read more</u>.

Case Study: Proper Good Business Mentoring Programme

Through consultation with our social enterprise networks, we heard a number of entrepreneurs felt they would benefit from some advanced tailored support to take their enterprise to the next level. <u>Read more about how the mentoring programme started</u>.



Case Study: Volunteers Week: Celebrate and Be Inspired!

As part of our Volunteers' Week celebrations, the Communications and Impact Team were tasked with creating a video celebrating volunteering in Bolton and sharing some inspiring stories from Bolton's incredible volunteers. <u>Read more</u>.

Success Stories Quarter 1, 2023 - 2024

Success Story: Funding Support – Bolton Aphasia Self Help

Since the last time the group received funding from Bolton's Fund, the numbers have trebled to over 45 members. As the group has grown, they are now in need of funding to help them sustain and meet the demand from new and existing members. <u>Read about the support given.</u>

Success Story: Bespoke Trustee Training Session

Steve Fisher, CEO of Bolton Community Advice contacted Development Manager, Elaine Butt. He asked for some support to help their new Trustees to understand their roles and responsibilities and to help answer any questions they might have. <u>Find out the support given to the group.</u>



Success Story: Bolton College Students and Volunteering

Samim Vali, Volunteering Development Officer at Bolton CVS was contacted by Matthew Corner, a professor at Bolton College, and invited along to one of his classes to deliver the 'Benefits of Volunteering' workshop. <u>Read more about the outcome from the</u> <u>delivery of the workshop</u>.

Success Story: Bespoke Training for Dementia Support Group

Deb Selby, from Bolton Dementia Support group contacted Elaine Butt, Development Manager at Bolton CVS, to ask if it would be possible to provide a bespoke Safeguarding Adults at Risk training session for the volunteers. The session focused on the types of issues that they might encounter in their volunteer roles. <u>Read more about the support given</u>.



Success Story: Community Integration

Some of our Ukrainian guests wanted to practise their spoken English in a relaxed setting to compliment the formal classes they were attending. Initially, they wanted to participate in activities that would boost their confidence in speaking to other members of the wider Bolton community. <u>Find out what was put in</u> <u>place to support them</u>.



Success Story: Don't Dis My Ability Campaign

Upon completion of the BRIDGE Digital Skills Programme, Sapphire Partnership were ready to launch their very first marketing campaign just in time for Disability Awareness Week. <u>Read more about what they did with the skills they</u> <u>acquired</u>.

Success Story: Elevate Bolton

The group offer a weekly club with a warm space to the local community to have a healthy meal, social space, peer support, trip and health talks. The aim of the group is to reduce social isolation amongst females. Following the group's interest in applying for a grant, the funding team supported them to complete a grant application to Bolton's Fund Round 31 – Small Grants, All Themes. <u>Read more</u>.

Next steps, looking forward to Quarter 2, 2023 - 2024

Share news stories on our website to showcase the work of the VCSE Sector

Sessions provided by Bolton College to be included in the Bolton CVS training programme



Development support factsheets updated and available on our website

New team members able to fully support groups



Commence the distribution of the Proper Good Seed Fund

