

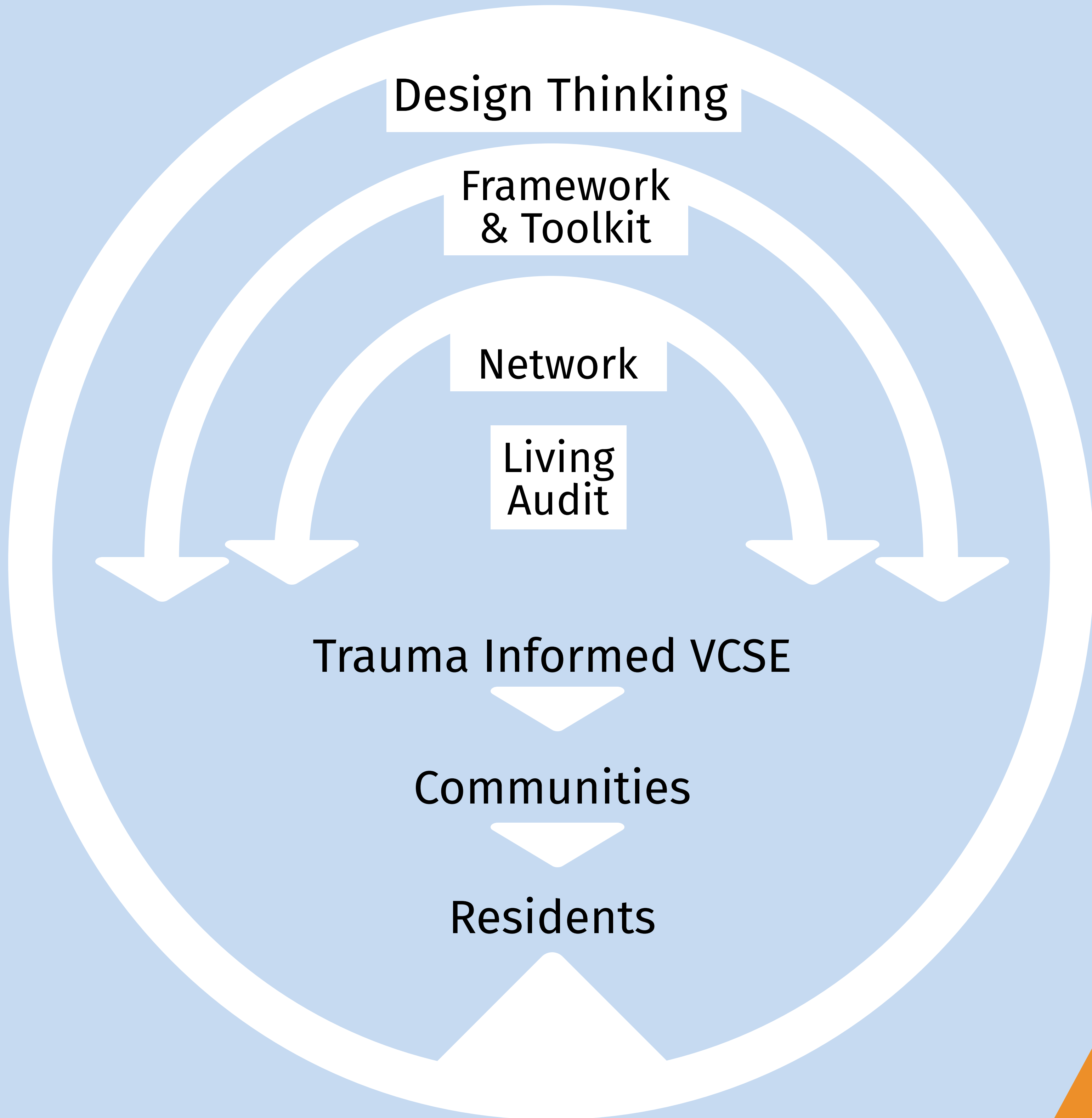
Bolton Council

Trauma Informed
Communities
-
VCSE Sector

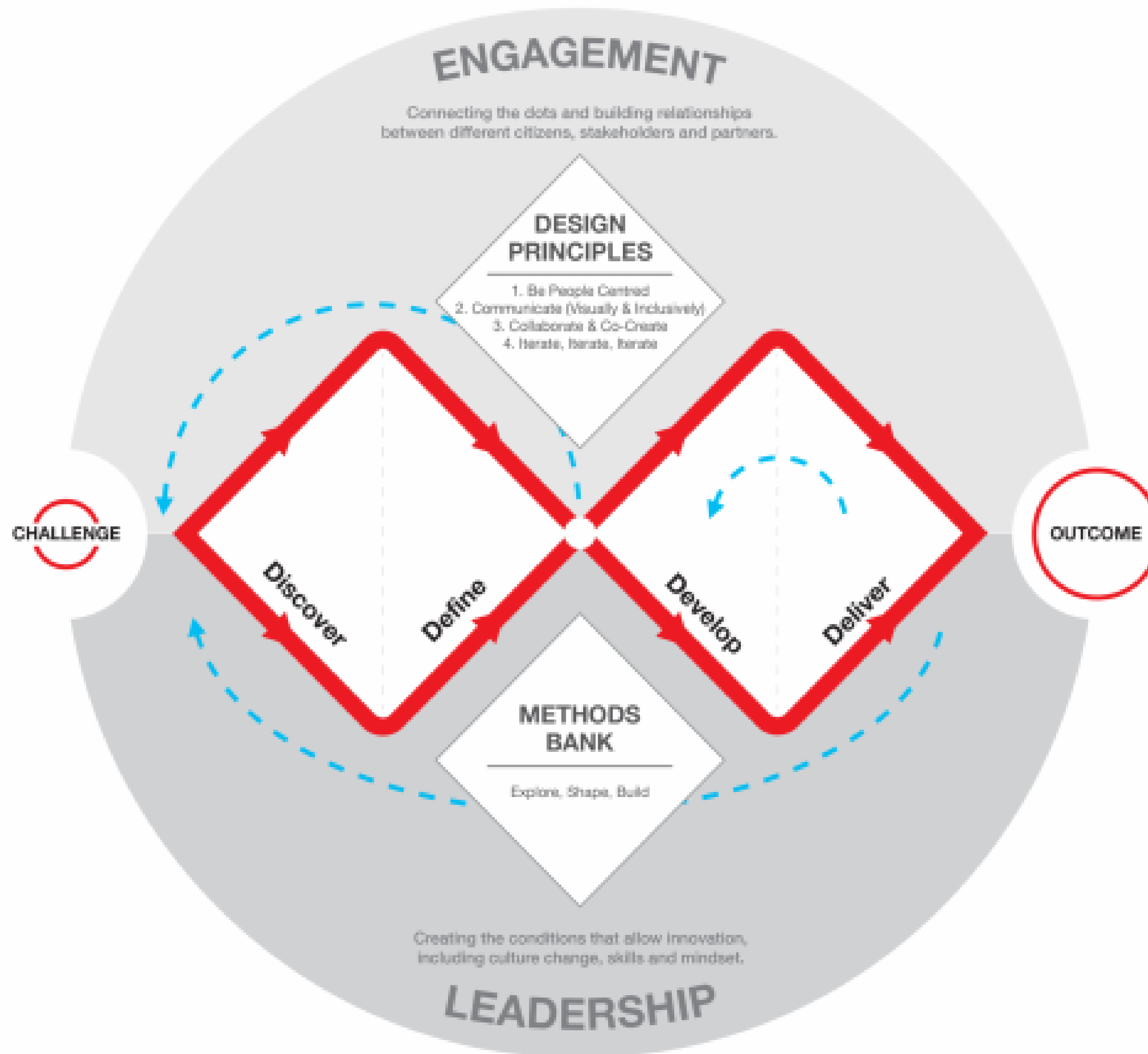
A Brilliant Thing
CIC



Methodology

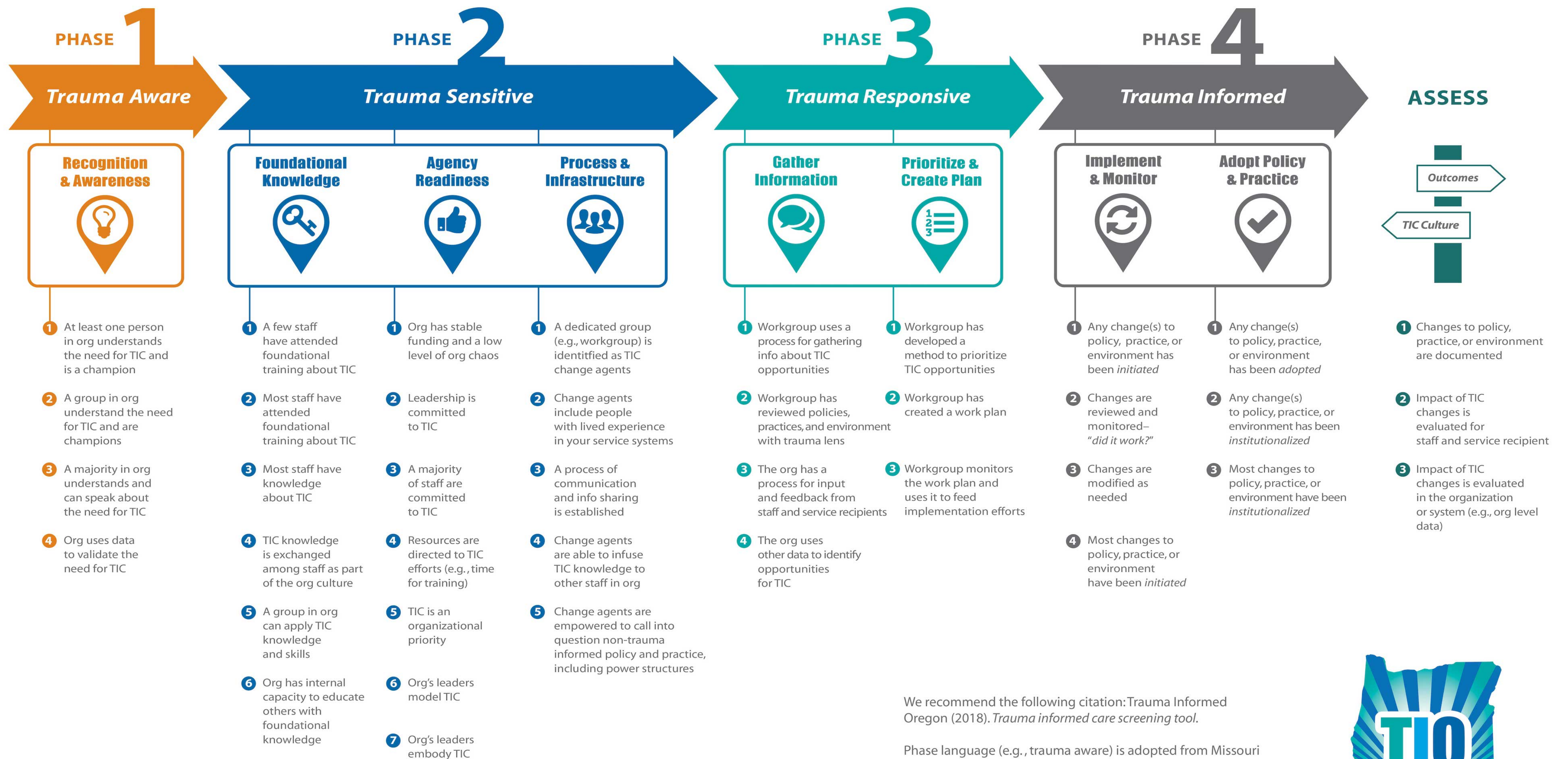


Design Thinking approach



Living Audit

Trauma Informed Care Screening Tool



We recommend the following citation: Trauma Informed Oregon (2018). *Trauma informed care screening tool*.

Phase language (e.g., trauma aware) is adopted from Missouri Department of Health and Parnters (2014). *Missouri Model: A developmental framework for trauma-informed*.



Promoting Prevention.
Committed to Wellness.

Trauma informed care screening tool from Trauma Informed Oregon, 2018.

Living Audit



DMAGISTIC.CO.UK

Living Audit

TRAUMA -	AWARE	SENSITIVE	RESPONSIVE	INFORMED
Policies and governance				
Leadership and management				
Team engagement, training and support	Signposts staff and volunteers to training available	Supports staff and volunteers to identify training needs and signposts to relevant training	Identifies training needs across organisation and organises learning programme for all staff and volunteers	Annual learning programme, coproduced with people with lived experience, delivered to all staff with regular opportunities for review and assess impact.
Partnerships, referral routes and connections				
Working environment				
Evaluation and impact				

Example items, cocreated with commissioners

Living Audit

Populated during co-design focus groups and during community conversations

VCSE can self-score, or be guided by a practitioner

Stories of best practice shared at co-design focus groups

Provides understanding of journey and approach

TRAUMA -	AWARE	SENSITIVE	RESPONSIVE	INFORMED
Policies and governance	1	2	3	4
Leadership and management	1	2	3	4
Team engagement, training and support	1	2	3	4
Partnerships, referral routes and connections	1	2	3	4
Working environment	1	2	3	4
Evaluation and impact	1	2	3	4

Total score: xx

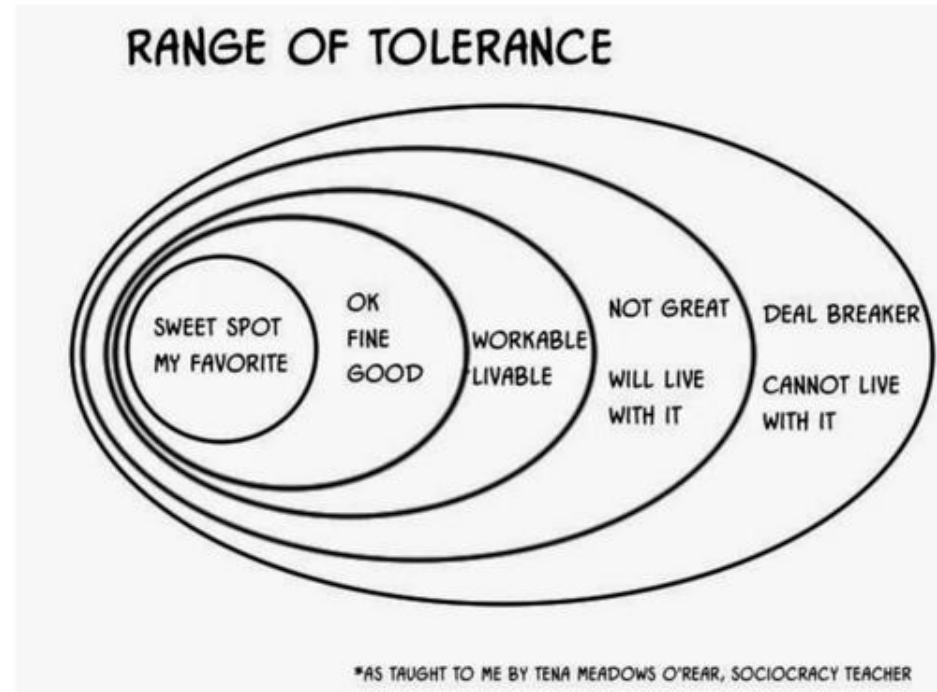
Collective score (100 VCSE organisations) provides baseline for sector

Network Development

Design-thinking

Artful participation

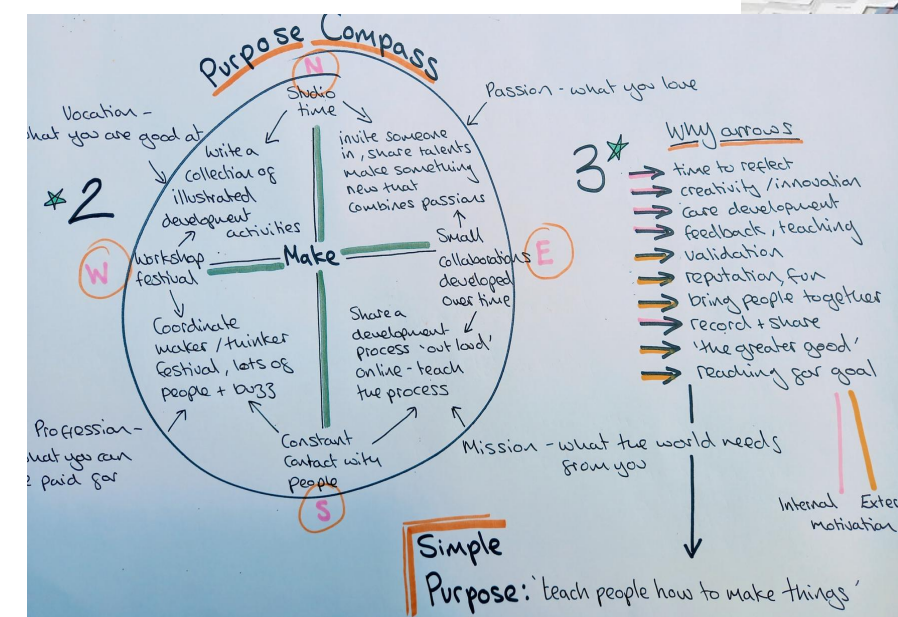
Is my behaviour in this moment the most valuable contribution to the effectiveness of this collaboration?



Creative Coaching



Zone bow



Cartwheel Arts | Collaborate Out Loud | THE EMPATHY COACH CONSULTANCY | MANCHESTER CITY COUNCIL | breathworks | work brighter | SELF COACH

Network Development



More added weekly.....



Asset insight and intelligence

- Discover and understand the trauma informed journey
- Case studies and best practice inspiration
- Workshop approach, learning by doing



Bolton communities /place based approach

- Define parameters, strengths, assets and characteristics of Boltons VCSE sector
- Identify barriers and enablers
- Identify places and spaces that support trauma informed learning and development



Coproduction with communities

- Explore system-wide opportunities to collaborate and coproduce
- Cocreate Statement of Intent, decision making processes, inclusive messaging
- Kolbs model to capture learning share 'out loud'



Develop, review and Implement

- Develop test, review and refine approaches to create a saleable implementation plan for individual VCSE organisations
- Create a toolkit of place and community specific guidance and support

Bolton's VCSE landscape

Bolton's VCSE Sector (State of the Sector 2021) Statistics

1672 VCSE groups in Bolton and 71% are micro or small.

11% identify as social enterprises, and there are 58,259 volunteers.

Main Clients/Users/Beneficiaries of VCSE Organisations in Bolton

36% indicated that they worked with 'everybody'.

30% supported women specifically.

29% supported older people.

24% supported children and young adults.

Approaches must be

- useful for organisations with a range of annual incomes from £1000 (micro - 1440 orgs in Bolton) to £2,000,000 (Large - 45 orgs in Bolton)
- coproduced and reviewed with voluntary, staff and governance roles within charity, social enterprise, faith based and community groups.
- offer trauma informed approaches to support a wide variety of beneficiaries, ages and demographics.

VCSE Response to trauma

Trauma Types (sudden and cumulative)

- Bullying
- Community Violence
- Complex Trauma
- Disasters
- Early Childhood Trauma
- Intimate Partner Violence
- Medical Trauma
- Physical Abuse

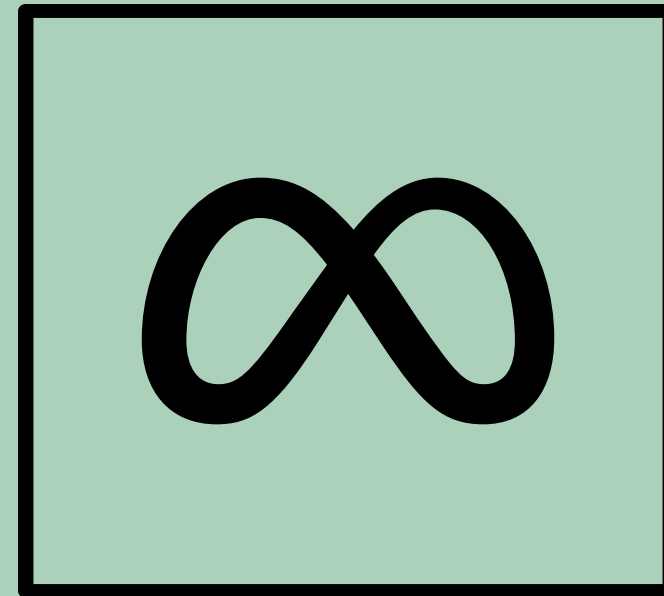
Social Determinants of trauma

- Economic Stability
- Education
- Social and Community Context
- Health and Healthcare
- Neighborhood and Built Environment

Framework and Toolkit

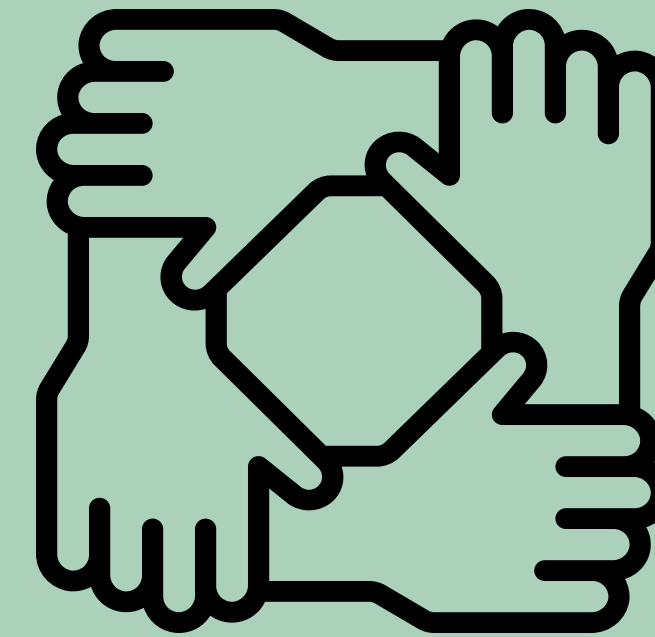
Simple 'funnel tool' will be produced to help organisations identify their own journey and access the support they need

Suggested elements



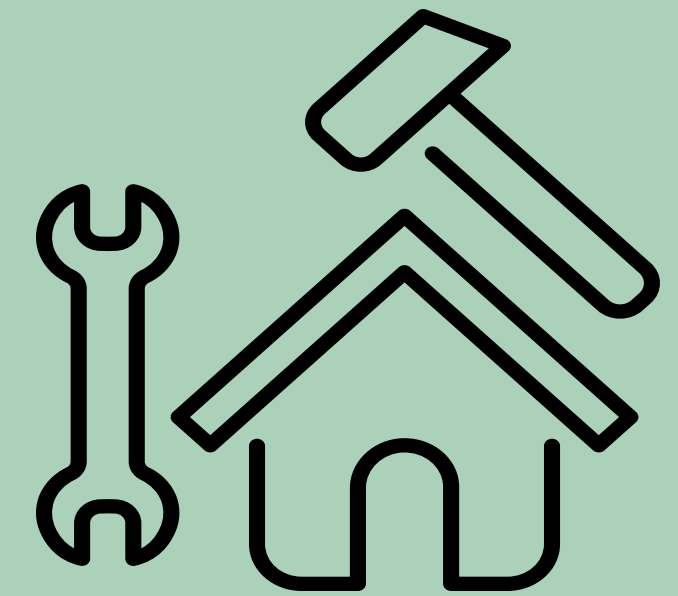
I Page Canvas

Mobius Loop version suggested



Guidance

Based on Living Audit categories



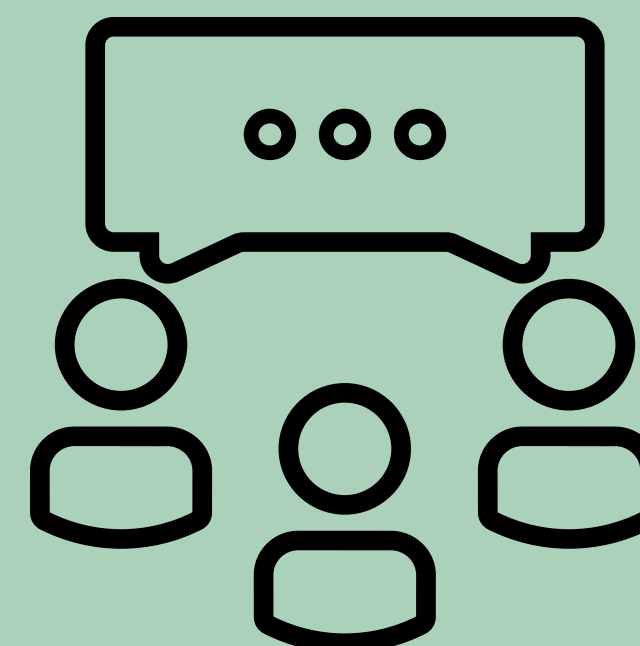
Templates

Policy templates
Living Audit Tool



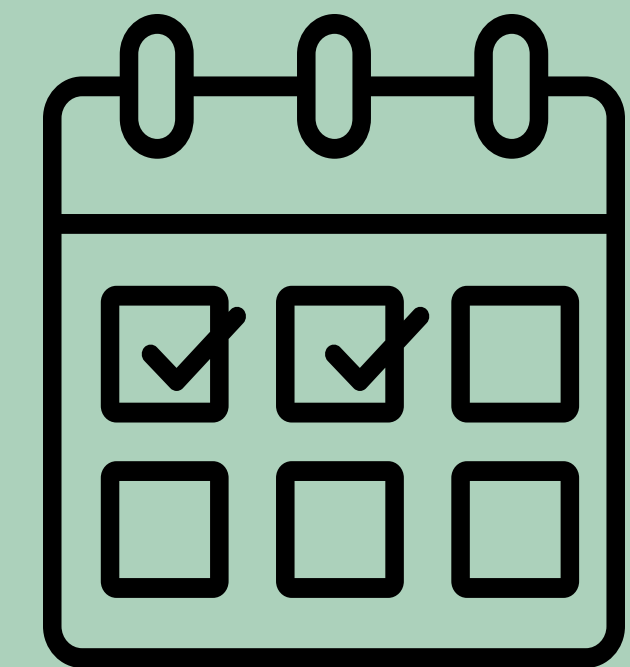
Visualisation of journey

Could be created as a card or game format
Visual campaign



Multiple formats

Online
Paper-based
Easy-read
Audio and Video Recordings



Learning programme

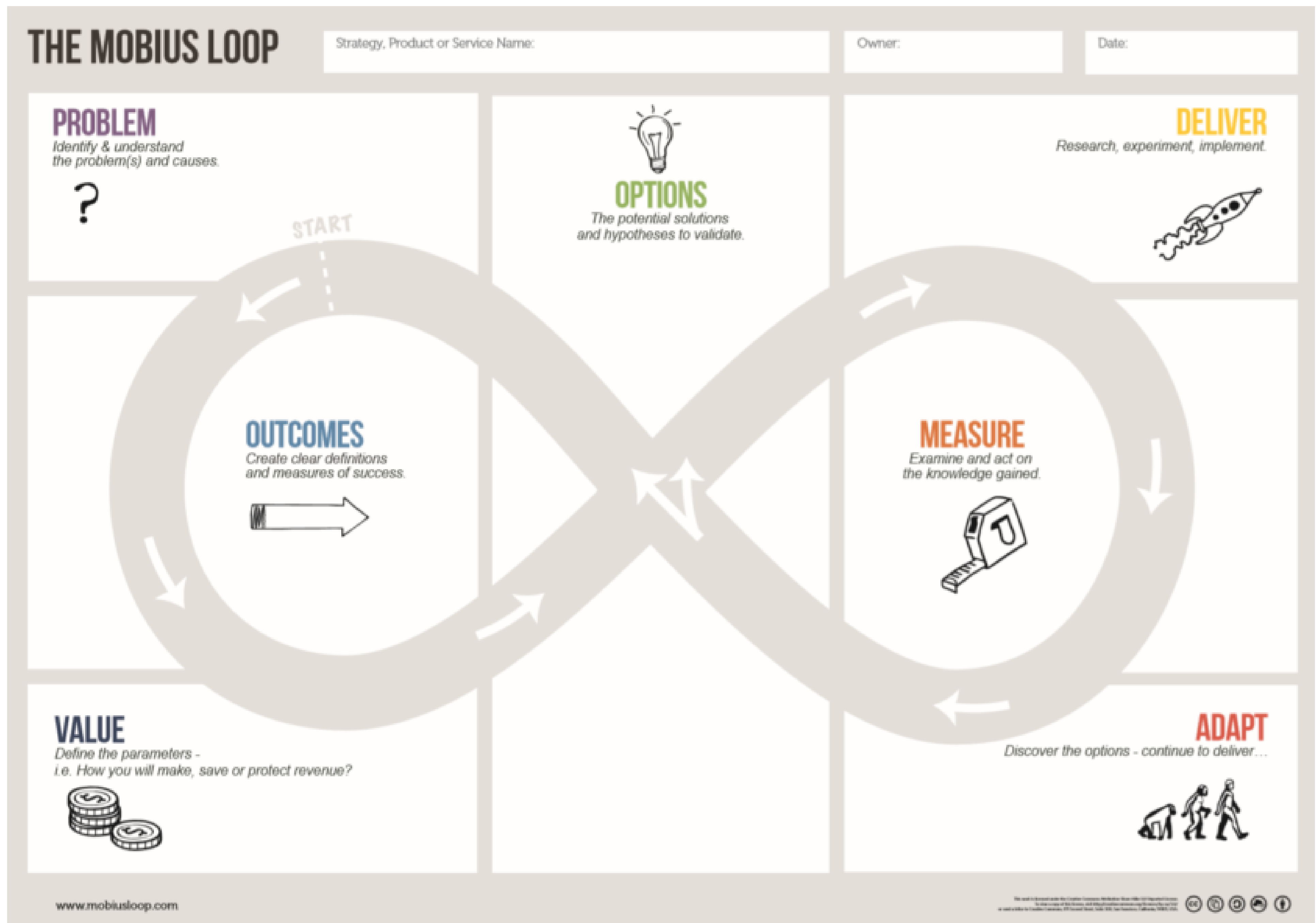
Training
Sharing Best Practice
Group problem solving

Decision making funnel

Helping groups identify musts, ambitions and risk factors so they can assess which of the different elements of the toolkit are useful to create personalised journeys.



Framework and Toolkit - 1 Page Canvas



Our Team

Bringing together community development, therapeutic approaches, coaching, strategy design and culture development specialists.

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Founder and Director of
A Brilliant Thing CIC

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and co-facilitator
Director of Maverick Lab CIC

Lory Povah

Associate - Community
Conversations lead, coach and
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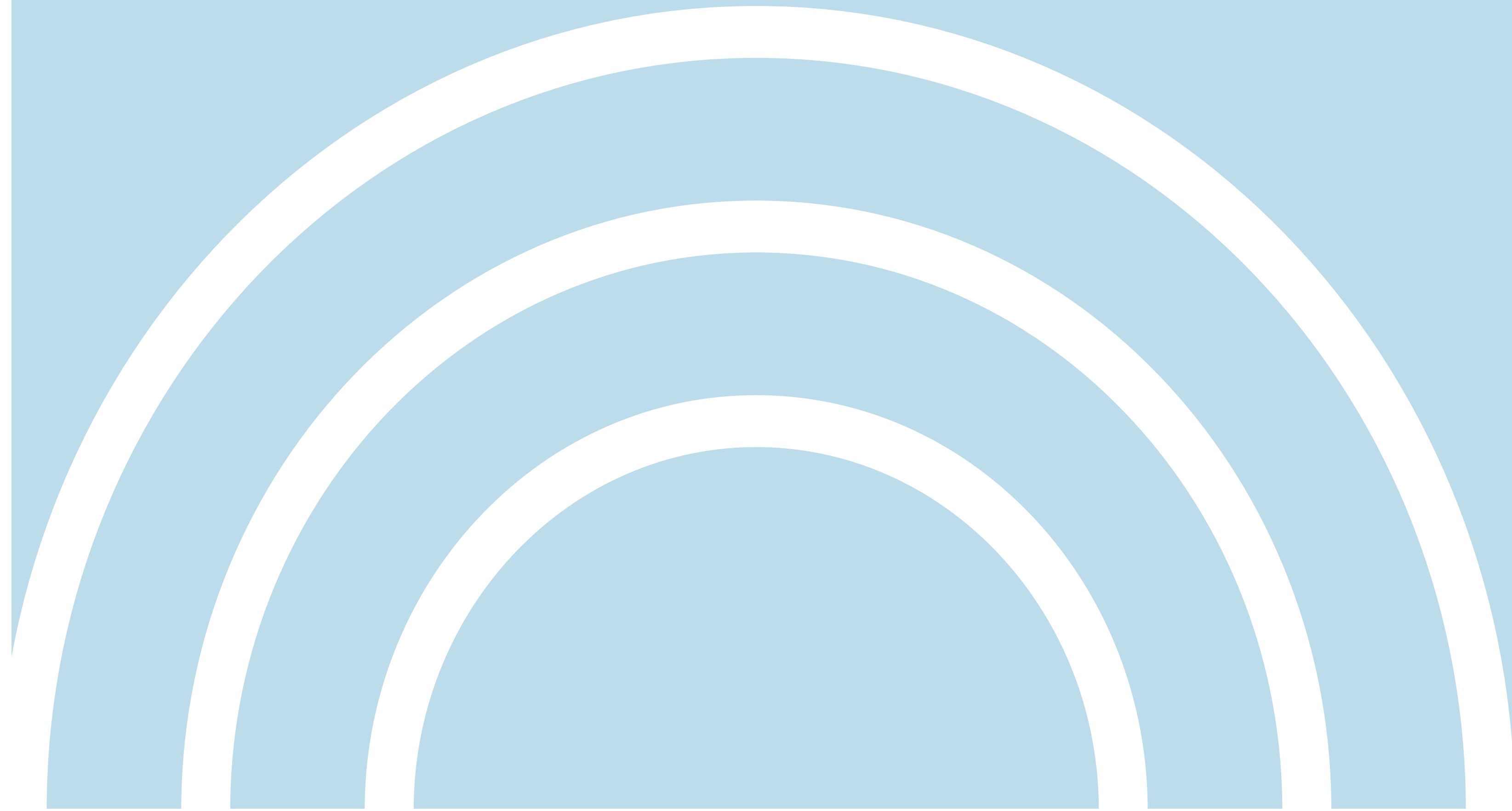
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Questions Welcome



www.brilliantthing.co.uk

