

Summary of Awards

Bolton's Fund Round 23

Health and Wellbeing

July 2022

29 Awards

£300,000

Fund Priorities

1. Increase opportunities for individuals to engage in physical activity to improve health.
2. Increase opportunities and access to activities/spaces that improve mental health and wellbeing.
3. Improve access to peer support and mutual aid.
4. Improving people's access to outdoor activities and spaces.
5. Reducing loneliness and isolation.
6. Improve connectivity between individuals and the support available to them in their local communities

Number	Name of Group	Summary of Project	Amount Awarded
1	Bolton Cardiac Support Group	Support members who have suffered a Cardiac event to a better life style.	£ 1,010.00
2	Bolton Community Cricket League	Provide Recreational Sports Develop Grassroots cricket among local community by creating opportunities such as Cup games, League	£ 1,500.00
3	Bolton Aphasia Self Help	BASH Activities	£ 2,560.00
4	St Chad's Church	Expand Outdoor Woodcraft Project, Develop Sensory Garden, Mosaic Project and Hydroponic Garden	£ 3,650.00
5	Seven Acres Men in Sheds	Build, insulate and furnish a woodworking workshop	£ 4,600.00
6	Sapphire Partnership	Deliver wellbeing group work sessions to young adults with additional needs and disabilities facing emotional issues	£ 4,900.00
7	Bolton Pulmonary Fibrosis Support Group	Purchase lung function monitoring equipment to enhance our patients' pulmonary fibrosis rehabilitation treatment programme	£ 4,958.00
8	KRIMMZ Girls Youth Club	We hope to execute 'Healthy Futures Project'	£ 4,975.00
9	Good Companions	Go into the community, ending isolation and loneliness	£ 5,000.00
10	Sri Lankan Bolton Community	Encourage physical activity, which can reduce loneliness and improve mental health and well-being.	£ 5,000.00
11	Willows Action Group	Improving connectivity with peer-to-peer ESOL and reducing isolation through intergenerational reading in the garden	£ 5,000.00

12	Breastfeeding Together	Breastfeeding Peer Support on the maternity wards at Royal Bolton Hospital	£ 8,779.44
13	Bolton Dementia Support	Dementia Connect@Home	£ 11,935.72
14	Gateway Support	Supporting Vulnerable Community Members	£ 11,935.72
15	Senior Solutions	Senior Solutions	£ 11,935.72
16	Bolton Toy Library	Early Years Sensory Support (0-5 years)	£ 12,000.00
17	Bolton Lads and Girls Club	Young People's Social Activities for Better Wellbeing	£ 12,926.00
18	Breakdown Bolton	Second Life Upcycling- Art or Wellbeing	£ 13,890.00
19	CreateBolton	Create Community	£ 14,477.00
20	MiHST	Saturday at MhIST	£ 14,496.40
21	Age Uk - Bolton	Promoting Active Lives (PALs)	£ 14,779.00
22	Bolton Guild of Help	Health and Wellbeing Action	£ 14,790.00
23	Fortalice	Road to recovery (positive health and wellbeing)	£ 14,914.00
24	Henshaws	Supporting the Visually Impaired Community in Bolton	£ 14,988.00
25	Bolton Carers Support	Bolton Carers Support – Carers Financial Wellbeing Project	£ 15,000.00
26	Bolton Deaf Society	D/deaf Wellbeing Service	£ 15,000.00
27	Bolton Wanderers in The Community	Extra Time Hubs	£ 15,000.00
28	Breaking Barriers	Breaking Barriers Specialist Support and Community Inclusion Project	£ 15,000.00
29	Wave Adventure	Confidence building outdoor activities in partnership with Be The Change CiC and Pikes Lane Community Club	£ 25,000.00