

**Bolton CVS**



# What is Volunteering?

We recognise that volunteering is a major contributor to the quality of life of volunteers, and communities they support, the local economy and environment.

## **CHOICE**

Volunteering must be a positive and informed choice freely made by each individual.

## **DIVERSITY**

Volunteering should be open to all regardless of background, age, race, sexual orientation, faith etc.

## **MUTUALLY BENEFICIAL**

A two-way process.

## **RECOGNITION**

The contribution of the volunteer should be recognised.