Working together to develop a diverse, strong and effective voluntary and community sector in Bolton.

Please don’t throw ME away!
Pass me on to a colleague or friend….and then recycle me!

NLDC (Neighbourhood Learning in Deprived Communities)
A celebration event at The Friends Meeting House 8th July 2009.
Read Training News, on page 15, for more information on the event.
Welcome to:
Our new Community Engagement Workers within the Community Network: Jolene Dodd, Yasmin Ghanchi, Colin Matthews, Victoria Urmston. And welcome back to Safia Shahid who is re-joining us in mid-September following maternity leave.

Pat Stubb is still on the mend but it will be a while longer before she re-joins us. She is missing you all! If you would like to send a card to Pat, please send it in to Bolton CVS and we will pass it on. The latest update on babies at Bolton CVS is that Dawn Brindle has given birth to her second son, Connor – Congratulations from us all!

Bolton CVS SURVEY!!!
Please help us to help you by returning the survey to us. You have missed the closing date but we still want you to answer!!! Please don’t throw it away, do it TODAY!! If you need help, please contact Heather Oliver on: 01204 546015.

Future Role Project
A new report on Commissioning has been produced and you can download it from the Bolton CVS website on: www.boltoncvs.org.uk.

Helping People through the Recession
Bolton CVS is currently administering the £250,000 Targeted Support Fund from the Government’s Office of the Third Sector Unit to support groups who are seeking to provide practical help during the recession. The results came out after JUMBO went to press but the successful projects are now featured on the Bolton CVS website and a report will be included in the next issue of JUMBO.

A DATE FOR YOUR DIARIES!!
Bolton CVS Annual General Meeting
Thursday 22nd October
At 7.00pm in the Victoria Hall
Everybody is welcome!!
Please contact Jackie Gildert on Jackie@boltoncvs.org.uk or 01204 546020, if you would like to attend.

Greetings for Eid and Diwali
We hope that all our Muslim readers have a wonderful Eid on 20th September and best wishes for Diwali to our Hindu readers on 17th October.
The National Osteoporosis Society is helping to build stronger bones!

Over the past 20 years there has been an increase in the incidence of Osteoporosis in both men and women. Many people do not understand what Osteoporosis is and how it develops.

The Osteoporosis Group in Bolton has leaflets on many aspects of Osteoporosis and can provide a speaker at your group’s events.

You can also visit www.bones4life.org for more information.

For more information contact Edna Liptrot, Group Secretary for The Osteoporosis Group in Bolton on 01942 815945.

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African Community Association of Bolton (ACAB)
5th Anniversary and Fund Raising Event

You are cordially invited to this spectacular birthday party celebration of ACAB on:

Saturday 5th September 2009.

Venue: Rumworth Hall, Prescott Street, Bolton, BL3 3PP
Time: 7.00 pm—2.00 am
Entry: FREE

Dance away to the tunes of African and world music, and enjoy assorted and delicious African Cuisine. Don’t miss this fantastic night of the year. Please come in your national costumes.

RSVP 07792 908960 ; 07883 965644 ; 07722 243 687

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Do you know someone who deserves to be thanked for the good work they do?

Nominate them for:

The Mayor’s Unsung Hero of the Year Awards

These special Awards will be presented at the Charity Luncheon on Friday, 16th October in the Platinum Suite at the Reebok Stadium.

Nomination forms and tickets to the luncheon are available from The Mayor’s Office on 01204 331090 or email jane.bickerstaffe@bolton.gov.uk.

Closing date for nominations is 27th September.

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Improve Your English with BLT

From September to December 2009, Bolton Literacy Trust will run two courses of ESOL (English for Speakers of Other Languages) at the Great Lever Family Learning Centre. On a Wednesday morning (10-11.30 am) classes will be for people with grasp of the English language but wish to improve.

On a Thursday morning (10-11.30 am) classes will be tailored for people brand new or relatively new to English. Please pass this information on to your friends or neighbours who may not be able to read this information. The courses will be 12 weeks in length and the cost per learner will be £30. Places are limited so we recommend that you register as soon as you can. Great Lever Family Learning Centre is accessed via the back gates of ESSA Academy. For further information, please contact Carole Gregson on 01204 332760.
The New Unity Centre (NUC)
The NUC aims to encourage and help the development of new and emerging groups. Some of the services provided for groups hiring the NUC include:
- Help with CRB checks
- Public Liability Insurance
- Opportunity to network with other groups
- Training and advice sessions

A small meeting room holding up to 12 people and a large meeting room are available for hire. Kitchen facilities are also available.

Training sessions to encourage people wanting to use the NUC are:
- **Food Hygiene on Saturday 12th September 2009** from 10 am until 3 pm
- **First Aid on Saturday 17th October 2009**
  - from 9.30 am until 4.30 pm

For any new groups wanting to use the NUC or kitchen for events and meetings or are interested in training or advice sessions please contact:

Lesley Dunn on 01204 332699 or email lesley.dunn@bolton.gov.uk

BOFAA (Bolton French African Assistance)
BOFAA is an independent, voluntary organisation set up to work with and for asylum seekers, refugees and Africans living in Bolton. The organisation is run by volunteers from African backgrounds and the host community.

BOFAA offers a variety of support including help with interpretation, translation, arrival and settlement, welfare benefits, housing, education, employment and health.

BOFAA also offers friendship to all refugees, asylum seekers and Africans regardless of race, religion or political opinion.

For more information please contact
Bishop Gabriel Mboyo on: 01204 405182 or 07904 429688

Training for Groups
Safeguarding Training Session

**Saturday 17th October**
10.00 am to 12.00 noon

At The New Unity Centre

The SGP will be running a training session on **Safeguarding** which will be interpreted into French.

- This workshop will provide your group with the opportunity to develop and review its safeguarding practices.
- This workshop is for all groups and organisations that work with children, young people and/or their families.
- We would especially welcome members of management, committee members, trustees and volunteers.

For more information or to book a place, please contact Bolton CVS on 01204 546010.

Sustainable Groups Project (SGP)

Information and Resources for Groups
At Bolton CVS we have a selection of useful information leaflets on a wide variety of topics available to groups. If you would like any of our leaflets or are looking for more information on group development please contact us on 01204 546010. Our leaflets are also available to read online at www.boltoncvs.org.uk.
Bolton 15th to 21st June 2009

Refugee Week is an annual UK wide programme of arts, cultural and educational events held during the third week of June, to celebrate the contributions of refugees, to promote and encourage a better understanding about why people seek sanctuary and to encourage awareness between communities, marking a commitment to a shared future in an enriched UK.

This year local organisations worked together to host a series of events in Bolton, kicking off activities with an Open Health Day at the New Unity Centre organised by Bolton Refugee Forum. The PCT and Bolton Hospital took this opportunity to hear how they could improve access to healthcare, listening to visitors voicing their concerns. Bolton Practice nurses were on hand with their stethoscopes to provide quick health checks.

The Greenhouse Project opened their doors to everyone to sample home cooked and grown food prepared by volunteers or to do a little organic gardening.

On Wednesday Nearis recognised the cultural diversity of its users through traditional food, live music and dancing from across Continents. African drums were hired for everyone to try which helped to get the party started—and what a party—even the solicitors from across the street were drawn out of their offices!

This was followed by a women and children only event on Friday with demonstrations from local Belly Dancers, live Ethiopian music and dancing, as well as a range of food from across the world. The New Unity Centre was home to a colourful array of arts, crafts and artefacts from across the African continent. On Thursday, there was an opportunity for people to learn how to make their own crafts and artefacts and also to sample the lovely traditional food provided by refugees and asylum seekers.

Farnworth UCAN Centre hosted a “Taste of Africa” which was well attended by the local community.

Friday was a big day in the Refugee Week calendar, with events taking place across a number of venues.

Activities at St Andrews and St Georges United Reformed Church started with the Refugee Council presenting the national perspective, followed by “Question Time”, a public debate where a panel of experts were put through their paces by a demanding audience and closed with a showcase event led by dancing from the Greater Manchester Oromo Group followed by the world premier of Exodus short films made by Refugee artists.

Religion or faith often sustains refugees during their harrowing ordeals and BCOM and Bolton Methodist Mission recognised this during normal Friday prayers at Zakaria Mosque and as part of their service on Sunday at the Victoria Halls.

The highlight for some was a football tournament at Bolton Arena organised by Bolton Solidarity Community Association. Competition was fierce between the teams with the Bolton BIIFTU Wanderers walking away with the trophy.

Deprosu opened their allotment at Haslam Park which allows users to have a small plot of land to call their own, to grow fruit, vegetables, herbs and flowers from their home countries and the UK.

Our thanks to Bolton MBC for helping to make it possible.

Bolton Refugee Forum 01204 331002
Bolton Equalities Centre 01204 31002
Nearis 01204 384488
BRASS 01204 397152
Greenhouse Project 01204 652457 / 07504930286
Farnworth UCAN Centre 01204 794951
Bolton Solidarity Community Association 01204 399239
Refugee Action
Work Placement for Refugees

Refugee Action is asking employers in the North West if they would be willing to take on a refugee as part of a short work placement, which could be paid or unpaid.

Refugees arrive in the UK, bringing a wealth of experience, skills and qualifications. They tend, however, to experience disproportionately high rates of unemployment. Work placements have proven to be an effective way of overcoming some of the barriers to employment, as they help people develop knowledge of UK work context, build confidence and communication skills, develop references and start to accumulate a UK-based work history.

Refugees need placements in particular sectors to support their career aspirations. The most popular of these are: business administration, retail, warehousing, customer services and health & social care.

A placement that allows people to carry out tasks from job roles in almost any sector will be of huge benefit to a refugee who has not previously worked in the UK. This includes roles that involve transferable skills eg general office work, contact with the public or using telephones and IT.

Offering a work placement to a refugee can bring many benefits to your organisation including increasing your organisation’s cultural diversity, raising your profile within refugee communities and providing additional resources and skills. It can also support organisations to deliver their Corporate Social Responsibility Strategy and assist in developing new, more cost effective approaches to recruitment where work placements are successful and you decide to offer permanent employment.

Organisations would need to have employers’ public liability insurance and provide regular support and supervision to the placement worker during the course of the placement.

Refugee Action will refer a refugee to organisations and support him or her to make the work placement application, after which Refugee Action would not have any role in that placement, although after a placement has ended Refugee Action are keen to discuss how it went with you.

Once refugee status has been granted, a refugee is able to work in the UK without any restrictions.

If you are interested in offering work placements for refugees or would just like to discuss things further, please contact:

Rob Clarke, RIES Service Manager - Bolton
on 01204 368601 or robc@refugee-action.org.uk
Information Technology

It’s Never Too Late to Get Online

Bolton Literacy Trust has successfully secured some funding from ‘UK Online Centres’ to attempt to get local people online and more familiar with the online world.

If you, or any groups you work with, could benefit from free IT sessions with this in mind, please come along / direct people to Great Lever Family Learning Centre where sessions will take place on Mondays (10.00 to 11.30 am) and Thursdays (1.00 to 2.30 pm). Great Lever Family Learning Centre is accessed via the back gates of ESSA Academy and is signposted from Mahers on Lever Edge Lane. Please contact Jen Carney on 01204 332760 for further details.

Phishing Emails

The other day I was talking to someone repairing my car. When I told him I work with computers, he told me how his pay pal account had been debited £2400. Fortunately, he had seen these strange amounts leaving his bank account. Someone had set up a direct debit from his bank and the money was being deposited into their pay pal account. Luckily, his bank was able to confirm that this was fraudulent and he did not lose any money. A good ending to what may otherwise have been a nightmare situation.

What are phishing emails?
These are emails that look like they have come from your bank, your social networking site or from Microsoft.

How to protect yourself from phishing emails:

- Keep your operating system up to date. Install Microsoft updates which are free and up-to-date antivirus and antispyware software.

- Never give out your personal data through email or on the intranet or to an unknown party. The main thing phishing email messages have in common is that they ask for personal data, or direct you to websites or phone numbers to call where they ask you to provide personal data.

No organisations use this method to ask for your personal details, so don’t give out your details in an email or click on a link that directs you to a website that wants you to fill in your personal details.

You can get more information on my website: www.greatit.co.uk
Or email me at: ken@bolton cvs.org.uk or ken@greatit.co.uk

Did you know?
To enlarge any page of our website simply press Control + Plus. This will increase the size of the page for easier viewing. You can also decrease the page size by pressing Control + Minus.
Group Development

The Funding and Development Team has undergone some changes and we would like to introduce you to our team and explain a little about what everyone does.

Who’s Who?

Left to Right: Mark Grundy, Bernie Connor, Helen Tomlinson, Sumaiya Kazi, Sharon Bolus, Heather Oliver

My name is Saskia Ritchie and I’m the Funding and Development Co-ordinator which involves co-ordinating the Funding and Development Team. I also oversee the development of the Big Bolton Fund, liaise with external partners and ensure joint working opportunities are explored. I co-ordinate the team contribution to Bolton CVS quality standards and provide group development support to some of the larger voluntary organisations needing assistance.

I’m Kairen Smith, the Development Worker with Creating Cleaner Greener Communities (CCGC) and Outcomes. I enable organisations to effectively apply for the CCGC grant through providing support in project development, governance and applying for funding. I also co-ordinate the Cleaner Greener Forum, provide training and one to one support to organisations to implement an outcomes focused approach within their work.

Hello, I’m Carol Hayden and some of you may know me in my role as Health Development Worker with Health and Care Together. I also work with the Funding and Development Team on Tuesdays providing group development support and basic funding advice.

Hi, I’m Mark Grundy and I am the Grants Co-ordinator at Bolton CVS. It’s my responsibility to collect the monitoring for all of the grants administered by Bolton CVS. This includes ensuring all the money has been spent and also collecting information on the outcomes that have come from funded projects and sharing that information through Jumbo and with Bolton CVS’ partners. To make this happen I provide one to one support and advice to groups in completing their monitoring reports. Currently I am also acting Grants Co-ordinator.

Pat Stubbs is our Grants Worker. She is currently on sick leave at the moment, but we are looking forward to seeing her back soon.

My name is Helen Tomlinson and I’m the Development Co-ordinator with the Sustainable Groups Project. I provide development support to new and emerging groups including help to set up, developing aims, funding advice, and support to help management committees understand their roles and responsibilities. I also provide training to groups, facilitate the bi-monthly CVS Funding Forum.

I’m Heather Oliver, the Information and Communication Worker here at Bolton CVS. I’m responsible for the information we provide in Jumbo, our leaflets and on our website. Currently I’m working on our new online database of community and voluntary organisations in Bolton, as well as a new edition of a little book of funding. If you have information about your organisation and its events that you would like included in Jumbo or on our website, please let me know!
Hello! My name is Sumaiya and I am the Grants Admin Support Worker. My job involves providing admin support for the Grants Programme. I am also the first point of contact for the team so if you would like to book a Funding Advice session or have a particular query, please get in touch.

My name is Bernie Connor and I have been seconded to Bolton CVS as the Children’s Workforce Development (CWD) Worker. My role is to encourage and champion the agenda around children’s workforce development. It is important to develop the workforce as children and young people want to work with skilled people, it ensures the safety of children, will help with the recruitment and retention of people whilst developing good practice and improving quality and may become a requirement to gain funding in the near future.

Shafiqa Ibrahim is our Information and Support Worker. She is on maternity leave at the moment, but we look forward to seeing her back again in 2010.

My name is Stuart Vaughan and I’m a Grants Worker seconded to Bolton CVS from Tameside 3rd Sector Coalition (the CVS for Tameside). I work on the Big Bolton Fund, getting applications to grant panels, supporting the panel during panel meetings, and doing any follow up work afterwards. I also support groups with general funding advice or other development needs. However, as I’m only in the office for two days each week, if you need to speak to me leave a message and I will get back in touch as soon as I can!

Hello, my name is Sharon Bolus and I’m the new Grants Worker. Like Stuart, my role involves getting grant applications ready for panel meetings and providing follow-up support to groups. I work on Tuesdays, Wednesdays and Thursdays but you can leave a message for me if I’m not here.

What do we do?
We provide support, advice and training on a range of issues including:

- Setting up new groups
- Funding advice sessions
- Email application check service available at: appcheck@boltoncvs.org.uk
- Governance and compliance advice
- One to one intensive support
- Specialist support
- Training
- Fundraising and financial accountability
- Running effective meetings
- Outcomes

We deliver a wide range of community grants:

- Health for Bolton Grants up to £500
- Breaks for Carers Grants up to £250
- Creating Cleaner Greener Communities up to £5000
- Bolton Vision Grants up to £3000
- Neighbourhood Management Grants up to £500
- Grassroots Grants up to £5000 over 3 years

Leaflets are also available on a wide range of group development and funding issues.

For more information about the service we provide or how we could support your group, please contact us on 01204 546010.
Funding News

Funding Forum

The next Funding Forum will be held on Thursday, 24th September 2009 from 10 am to 12 noon at the Bolton Hub, Bold Street.

Come along and find out the latest sources of funding, meet the funders, and network with other organisations.

This is also an excellent opportunity to meet the Funding & Development Team here at Bolton CVS and find out about what grants we now administer!

For more information telephone Helen on 01204 546017 or email Helen@boltoncvs.org.uk.

Funding Opportunities

Cash for Clubs
This is a sports grants scheme which provides funding to support grassroots UK sports clubs. It gives clubs a chance to win grants ranging from £250 to £1000, whether it be to improve facilities, purchase new equipment, gain coaching qualifications, or generally invest in the sustainability of their club. The scheme is funded by Betfair and is supported by SportsAid. Clubs can apply for this scheme by completing the online application at any time. There are three tiers of grants at £250, £500 and £1000 which are awarded on a discretionary basis. Any sports club can apply as long as they are registered with their sport's National Governing Body or local authority. Funding can be requested for anything that will add to the sustainability and effectiveness of the sports club. For more information go to www.cash-4-clubs.com.

Groundswell Small Grant Award Scheme
This Scheme offers up to £700 to homeless people to set up their own projects. They welcome applications from anyone with experience of homelessness, ie rough sleepers, travellers, squatters, refugees and asylum seekers, residents of hostels and B&Bs etc, anyone without a secure tenancy. The projects that could be set up include a service user group, an arts group, a business, a charity, any kind of self-help initiative. The next deadline is 15th October 2009. For more information go to www.groundswell.org.uk or telephone 020 7737 5500.

Bolton CVS now has a new service available to all community and voluntary organisations applying for grants. Appcheck allows you to email application forms to the Funding & Development Team, we will check them, and email advice back to you if any changes might need to be made. Email your application forms to: appcheck@boltoncvs.org.uk
Funding News

Tesco Charity Trust Community Awards Scheme
The Scheme provides one off donations of between £1000 and £4000 to local projects that support children and their education and welfare, elderly people and adults and children with disabilities. The next deadline for grants for elderly people and adults and children with disabilities is 30th September for decisions by the end of December. For more details phone 0845 612 3575 or go to their website at www.tescoplc.com/tescocharitytrust.

Bolton Provincial Insurance Trust and David Walsh Charity
Small grants of up to £1000 are available to fund activities that benefit Bolton residents. Examples of grants awarded include a Christmas party for a line dancing group, children’s activities, photo frames for a camera club. The next deadline is 24th September 2009. For an application form or further details please contact Mrs Riley on 01257 268358.

Children England
Children England, in co-operation with the CWDC, is offering children’s voluntary sector organisations the opportunity to apply for small beacon grants to develop and promote innovative practice in the field of equality and diversity. Do you have ideas about how to better promote equality and diversity within your workforce, in ways that contribute to their development and do you want to develop your practice and then share your success with others? If yes, then this will be the scheme for you. The maximum sum will be £2500 per organisation and there will be a total of ten grants. Expressions of interest can be logged at audie@childrenengland.org.uk or david@childrenengland.org.uk or further information can be found online at www.childrenengland.org.uk/childrenengland/latestnewsandevevents/741.

Yapp Charitable Trust
This Trust gives grants to small registered charities to sustain their existing work with elderly people; children and young people aged 5-25; people with disabilities or mental health problems; people trying to overcome life limiting problems of a social, rather than medical origin – such as addiction, relationship difficulties, abuse, a history of offending. They also make grants to sustain small registered charities’ existing work in the fields of education and learning (with a particular interest in people who are educationally disadvantaged, whether children or adults). They give funding for running costs and salaries for up to three years. Grants are normally for a maximum of £3000 per year. Most of their grants are for more than one year as they give priority to ongoing needs. For more information go to their website at www.yappcharitabletrust.org.uk.

Creating Cleaner Greener Communities
This grant is funded by Bolton Council and offers grants of up to £5000 to improve the local environment. The grant is available to community and voluntary groups, not for profit organisations, youth groups and schools in the neighbourhood renewal target areas of Bolton. The main aim of the grant is to create cleaner greener areas in Bolton. Projects must be visible to the public and involve the local community. For more information contact Kairen Smith on 01204 546018 or email kairen@boltoncvs.org.uk. This grant has no deadlines.

Do you want to find out how to provide effective monitoring on Bolton CVS grants? If so, come along to our training course on Thursday, 26th November 2009. For more details see the Training Diary in this issue of Jumbo and give us a ring to book your place!
Small Grants Programme
Bolton CVS has made important changes to the way you apply for some of the grants that it administers. Bolton CVS is using the Small Grants Fund application form for Grassroots Grants, Bolton Vision Grants, Neighbourhood Management Grants and Health for Bolton Grants. These grants will be available on a rolling basis and there will no longer be specified deadlines. Just apply using the Small Grants Fund application form and you will be notified of a decision within four to eight weeks. For an application form telephone 01204 546010.

Foundation – NW Climate Change Fund
Foundation is seeking to generate CO₂ savings within the region, therefore will support projects that are reducing carbon through a wide range of means: energy efficiency, for example housing insulation; renewable energy technologies eg solar panels and wind turbines; and projects which have the potential to sequester greenhouse gases through biological sinks eg tree planting or biomass. Funded projects must be able to prove the CO₂ savings generated, and all projects will be required to monitor the outputs of their project for at least one year. Projects will also need to demonstrate a range of other benefits such as poverty alleviation, community education, habitat creation. For more information go to www.foundation.climatefund.org.uk.

Sport England – Small Grants Programme
The Sports England Small Grants Programme has been set up to support local community sport projects which seek to increase participation, sustain participation or develop opportunities for people to excel at their chosen sport. Awards are from £300 to £10,000 and the total project should not exceed £50,000. This fund is open to any not-for-profit club or association, statutory body or educational establishment in England. For further information go to www.funding.sportengland.org/funding_programmes.grants.aspx.

E.On Sustainable Energy Fund
E.On is committed to investing in the communities where they live and work. They have recognised the importance of developing sustainable energy solutions and also the role that community organisations can play in leading by example and influencing communities on the benefits and importance of using energy wisely. The Fund offers grants of up to £20,000 to community groups and not-for-profit organisations who wish to consider and implement sustainable energy projects in their buildings – from energy efficiency through to micro-generation. Your organisation must benefit specific groups, namely – young people, elderly people, people in fuel poverty. Funding can only be sought for non-residential properties. All applications must be received by 16th October 2009. To apply for funding, download the guidance notes and complete the application form from their website at www.eon-uk.com/about/2654.aspx.

Funding Advice Sessions
Whether you need general funding advice or help in completing an application form, 45 minute sessions are available fortnightly on Tuesday mornings from 10 am to 1 pm and Tuesday evenings from 5 pm to 7 pm with an experienced funding adviser here at Bolton CVS. Sessions are by appointment only so book one now by calling 01204 546010.

Please note that these sessions are only for organisations that have projects in mind and are ready to apply for funding. If you need help with setting up your group or any other support needs please contact Bolton CVS and an adviser will contact you.
Green Grants Machine
This is the UK’s most comprehensive source of information on grants, loans and awards to help your business go green and save on energy bills. The directory is free and contains information on over £1.2 billion of funds available to help you: purchase hybrid fleet vehicles, install solar panels, introduce a recycling scheme in the workplace or invest in green packaging to name but a few. So register now and find out what money you could be eligible for. Registration is free and gives you full access to the website, including information on over 350 funding schemes and their weekly green e-newsletter. For more information go to www.greengrantsmachine.co.uk.

The Baring Foundation
In October 2009 the Baring Foundation will launch a new funding programme giving core costs grants to arts organisations in the UK working with older people. We plan to spend a total of around £3 million in five annual rounds. The first grants will be made in June 2010. A mapping report will be published in September 2009 looking at current practice in this field. If you work for an arts organisation that works in this area the Baring Foundation would be keen to hear from you. Please email David Cutler on: david.cutler@uk.ing.com. New guidelines and application forms will be available on the website from 1st October 2009: www.baringfoundation.org.uk.

Community Development Foundation
The Community Development Foundation is working with the Office of the Third Sector to deliver the new Hardship Fund. It was announced in this year’s Budget and builds on the Office of the Third Sector’s £42.5 million Real Help for Communities Action Plan. This Fund will provide grant support to third sector organisations in England delivering front-line services to the most vulnerable and disadvantaged people in society that have been affected by the recession. Grants between £50,000 and £250,000 will be available to organisations with a turnover of at least £200,000 that are in financial hardship which is impacting on their ability to deliver services in the following areas: Health and Social Care; Housing Support; Education and Training; and Information, Advice and Guidance. The Hardship Fund is currently open for applications. Grants will be paid from October 2009 and need to be spent by September 2010. If you have any queries then please contact the Hardship Fund helpline on 0113 246 1561 or email hardshipfund@cdf.org.uk. Application forms and guidelines can now be downloaded from their website at www.cdf.org.uk/web/guest/hardship-fund.

Outcomes and Outcomes Monitoring
Many funders are now asking you for information about your outcomes and outcomes monitoring. Two courses are now being delivered by Bolton CVS:

An Outcomes Workshop - Tuesday, 22nd September 2009 (Half Day)
This workshop introduces the concept of outcomes and outcomes indicators.

Introducing an Outcomes Focus - Tuesday, 13th October 2009 (Full Day)
This course is ideal for organisations that want to take the first steps of introducing outcomes to their organisation. The aim of the course is to enable participants to link outcomes to planning, to look at outcomes in more detail and how to collect outcomes information.

For more information see the Training Diary in this issue of Jumbo!
Grants for Older People

The grants we have awarded through the BIG Bolton Fund are for a variety of purposes. One of the themes we aim to support is activities for older people. We want to use this page to share with you some of the things that have happened in the past twelve months.

**Hulton Lane Social Centre** have had a Health for Bolton grant for a Nintendo Wii. This has allowed residents to take part in active computer games. The twice weekly sessions have promoted greater interest in attending the centre amongst the residents resulting in good company and happy laughter!

**Tonge Fold Residents Association** are continuing weekly exercise classes for older people at the UCAN Centre on Bury Road. People have enjoyed the exercise, which has helped with muscle strength, mobility and balance. They also enjoy the chance to meet in a safe environment and socialise. After each session fruit is provided, allowing the participants to get to know each other a little better. This has helped people feel more confident and involved in their community.

**Kearsley Mount Ladies Circle** have organised three outings through a Grassroots Grant. These were a Christmas dinner at Smithills Coaching House, an Easter visit to the Lancastrian Organ Museum and Astley Tea Rooms, and an evening meal at the Horseshoe Inn at Ringley. The trips provided an opportunity for companionship and to visit new places. The group has gained one new member and still chat about how they enjoyed the trips.

**Horwich RMI Over 60s Club** used their Grassroots Grant for a Christmas celebration. It can be an isolating time of year for older people and the members enjoyed the chance to get together with others and have fun.

**Weavers Court Association** in Great Lever has a new greenhouse to add to the ongoing work of their gardening club. This year they are hoping to produce lots of different vegetables as well as flowers. The new equipment has encouraged more people to be active in the gardens and they are keen to eat the fresh fruit and vegetables that will grow. Setting up the project has encouraged residents to work together and get to know each other better.

Grants continue to be available for older peoples’ activities. Application forms are available from Bolton CVS now on 01204 546010.
In Jumbo this month:
- Update on our Health Projects – Self Care Case Study
- Fire Safety Awareness project
- More Neighbourhood Network launches
- Introducing our newest staff member
- Dates for your diary

Update on our Health Projects

Self Care Case Study
For the last year we have been running the Self Care training programme to enable people to take better control of their own health. There have been some great outcomes from this project and our Community Engagement Workers wanted to share their experience of working with one group with you.

The multicultural group was based in the Great Lever area. The group comprised two white British women, four Hindu women and six Muslim women.

The training was delivered from 6.00 pm at a local church hall. It was a suitable time for the group because some of their children were at the mosque or their partners were at home from work. Child care was also provided free of charge whilst the training took place, without this, it would not have been possible for some of the women to participate.*

For six of the women it was their very first course; they had never previously done any kind of training. Each week the women arrived on time with their books, pens and paper. After each session they left with smiles on their faces because they had learned something new to benefit their lifestyles.

A very significant factor in the delivery of the training was our ability to adapt the material and be flexible by speaking to the participants in English and Gujarati. This was challenging because we had originally completed the training ourselves in English and the Self Care manual is also printed in English. Translating some of the words into Gujarati was difficult, but we managed to communicate by using similar word meanings, phrases, providing examples in the context of a sentence and using analogies. This also provided most of the women with the opportunity to speak in Gujarati, enabling them to share their experiences and concerns with us. For example, in one session we informed the group about the importance of drinking water. One participant stated that she did not drink water at all because she didn’t like the taste of it. We suggested that she try adding a slice of lemon or a few drops of cordial. She also stated that she had pains in her legs. The following week she revealed to us she had started to drink water and cordial; she also reported that her complexion had improved and the pains in her legs had disappeared!
By the end of the course the women had become friends. Three of them had started going for regular walks and had joined an exercise class.

The women did not want the training to end because they had enjoyed it so much. One woman was in tears when the training had finished. Participants were really pleased to have been provided with this type of learning opportunity where they could share their problems.

The group asked us if there was anything else we could arrange so they could all stay together and continue learning. One woman mentioned that she was a qualified yoga teacher and was willing to teach some yoga on a voluntary basis if a suitable venue could be found. A suggestion was made to explore the potential of using a school for classes.

Following negotiations with the school’s headmaster, a multicultural group of thirty ladies from the local area are now doing yoga on a weekly basis. If you would like to get similar benefits from the Self Care project call the Community Network on 01204 546040 and we will arrange to set up a course for you.

*Sadly, due to the loss of funding, we are no longer able to offer free childcare. We are looking at ways to ensure that parents with childcare needs can still take part.

Fire Safety Awareness project

Community Engagement Workers turn their hand to Fire Risk Assessment

In the last issue of Jumbo we informed you of the work we have been doing on the promotion of fire safety awareness in the Crompton area. In partnership with the Fire Service we were able to carry out 50 fire risk assessments with the mainly Gujarati speaking community in an area where only five had been carried out previously.

This work has now made the news. Our Community Engagement Workers, Rehana and Zahida were interviewed for the BBC Asian Network as they carried out a fire risk assessment. We are currently working with our partners to extend this work into other areas and to include home security assessments. We have just put in a bid for Home Office funding; we will let you know the result in the next issue of Jumbo.

For more information please contact Michael Carroll (Community Engagement Co-ordinator, Neighbourhood Renewal) on 01204 546040.
Neighbourhood Network News
The first round of Neighbourhood Network meetings has now been launched and has been a great success. Network meetings are held in the community for the community so that local people can determine and share information about what goes on in their locality. Nearly 150 people attended the Network meetings to share information and explore opportunities for working together.

What’s going on in your area?

Breightmet – the meeting was held at Leverhulme Park Community Club and provided an opportunity to share information and ideas that informed the Network about what agencies are currently doing and their future plans.

Crompton and Hall I’th Wood – the network met at the Hibbert Street Community Centre. The main outcome of the meeting was an agreement to set up separate Neighbourhood Networks for Crompton and Hall I’th Wood. This will provide a more focused approach for the two areas.

Great Lever – the Nightingale Centre was the venue for the meeting of the Great Lever Neighbourhood Network. The meeting proved to be very positive with one of the outcomes being to amalgamate the Community Forum and the Neighbourhood Network to form the Great Lever Community Neighbourhood Network. The draft terms of reference are being prepared to be presented at the next meeting.

Halliwell – the meeting was held at the UCAN Centre. A steering group has been set up to co-ordinate a multi-cultural event. Members will be involved in the decision making and planning process enabling them to work together and share knowledge and develop organisational and planning skills.

Tonge and the Haulgh – the Network met at the Bolton Sea Cadets. The main outcome of the meeting was an agreement to set up two new groups. The Haulgh North Action Group and Haulgh South Residents Group. Also under consideration is the establishment of separate Neighbourhood Networks for Tonge and The Haulgh, as this would provide a more focused approach for the two areas.

Washacre – the meeting was held at the Westhoughton Community Learning Centre and provided an opportunity to share information and ideas that informed the Network about what agencies are currently doing and their future plans.

Bolton Community Network would like to thank all who attended the Network meetings and we look forward to meeting you again. If you would like to know more about Neighbourhood Networks in your area please contact Neil on 01204 546040. We are currently arranging meetings for September and October – check our website for details.
Introducing our newest member of staff: Tracey McCue – Back at the Hub!

Hello again to those who already know me and a big brand new HELLO to those who I have yet to meet. I am back at the Hub in the post of Community Engagement Worker after two years working for NHS Bolton as a Health Trainer.

Here in Bolton a person’s life expectancy can differ by up to 15 years depending on the area in which they live. The Bolton Health Trainers are based in doctor’s surgeries – mainly within the more socially deprived areas of Bolton to help to redress this balance.

During my 2 years with the NHS I have been based at a surgery in Halliwell, where I have been working with patients aged over 45 to help pinpoint ways in which they can make healthier lifestyle choices with the overall aim of reducing their risk of developing cardiovascular disease or CVD as you may also know it. I was also involved in the Big Bolton Health Check which ran from March 2008 to March 2009. Along side working at the surgery I have also completed a City and Guilds course and a foundation degree in Health and Social Care at Bolton University and graduate in November.

Although working as a Health Trainer has been a fantastic experience and one from which I have gained valuable new skills, I come to the decision that ‘hands on’ health care wasn’t really for me. Being based at a doctors’ surgery has meant that I haven’t been out and about in the community which is where my heart really lies. The part that I did enjoy within my health care role, however, was the health promotion side of the job. When I discovered that Bolton Community Network was working on a number of health related topics in partnership with NHS Bolton, it seemed like the perfect opportunity to marry both my passions together – community based health promotion.

I can honestly say that it has been like coming home and it’s been great to see all my old pals from CVS and to have the opportunity to make new ones. I’m genuinely excited by all the projects that we have coming up and after being back in post for over a month now, I’m starting to find my feet again – it’s like riding a bike! Please say hello and make yourself known to me if you see me around the Hub or out and about at events as I don’t know everyone yet but would like to. Looking forward to meeting you all.

---

**Dates for Your Diary**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Asian Women’s Forum</strong></td>
<td>Thursday 15th October 2009</td>
<td>10.00 am – 12.30 pm</td>
<td>At the Friends Meeting House, Silverwell Street</td>
</tr>
<tr>
<td><strong>Bolton Women’s Networking Forum</strong></td>
<td>Wednesday 2nd September 2009</td>
<td>10.00 am – 12.30 pm</td>
<td>At The Bolton Hub, Bold Street</td>
</tr>
<tr>
<td><strong>Cleaner Greener Forum</strong></td>
<td>Thursday 17th September 2009</td>
<td>12.00 noon – 2.30 pm</td>
<td>At The Bolton Hub, Bold Street</td>
</tr>
<tr>
<td><strong>Third Sector Forum</strong></td>
<td>Wednesday 23rd September 2009</td>
<td>12.30 pm – 3.00 pm</td>
<td>At The Bolton Hub, Bold Street</td>
</tr>
<tr>
<td><strong>Link &amp; Think</strong></td>
<td>Wednesday 30th September 2009</td>
<td>12.00 noon – 2.30 pm</td>
<td>At The Bolton Hub, Bold Street</td>
</tr>
</tbody>
</table>

For further information please contact Diane Craddock or Michael Carroll on 01204 546040.
Training News

The new Training Programme is now out. Please take time to look through this as there are a number of exciting new training courses included. Remember to book your places early as demand is high.

**NLDC (Neighbourhood Learning in Deprived Communities)**

A celebration event was held on 8th July 2009 at The Friends Meeting House (see front cover photo). The event was to celebrate the successes of both the learners and the learning providers. In total, over 450 new learners participated between August 2008 and July 2009.

The next round of NLDC funding has just been agreed and through this Bolton CVS are now able to offer a new course *‘Get that Job’*. The course is split into two separate Workshops. The first is around filling in an application form and the second workshop is looking at interview skills. The course is suitable for people who wish to find either paid employment or apply for voluntary roles.

**Thursday 15th October 2009**
10.00 am to 3.00 pm The Bolton Hub

**Friday 27th November 2009**
10.00 am to 3.00 pm The Bolton Hub

**Third Sector Learning and Skills Provision.**

There is a short publication available to Third Sector organisations which provide training and learning. The booklet offers guidance on LSC (Learning and Skills Council) reforms. *‘Third Sector organisations offering learning as part of their provision may find it useful to implement these requirements as part of their own staff development, in line with what will become the accepted professional standard’.*

For further information and to obtain copies of the publication ‘Third sector learning and skills provision’ go to: **www.lluk.org/3272**.

If you have any queries or suggestions regarding training, please do not hesitate to contact me:

Joan Manville, Training Co-ordinator
Telephone: 01204 546010
Email: joan@boltoncvs.org.uk
Successful Grants

Small Grants Programme
The following grants were available to community and voluntary groups in Bolton.

Grassroots Grants - The purpose of the grant is to provide a resource that will enable people to make a real difference in their communities. Grants up to £5000 were available to groups with an income of less than £30,000.

Bolton Vision Grants are funded by Bolton’s Local Strategic Partnership to enable community groups to narrow the gap on inequalities that exist in our town. Grants were available for up to £3000.

Neighbourhood Grants of up to £500 are available for organisations based or working in Bolton’s most deprived areas to tackle issues that are important to the local community.

Health for Bolton grants were available for up £500 to help groups provide activities that improve physical health, mental health or both of people in Bolton.

The following groups were awarded grants.

<table>
<thead>
<tr>
<th>Name of Group</th>
<th>Reason for Application</th>
<th>Granted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Parents Support Group</td>
<td>Transport costs &amp; tickets for summer trips &amp; party. Costs of insurance &amp; stationery.</td>
<td>£4997.00</td>
</tr>
<tr>
<td>Association of Mauritanian Refugees</td>
<td>Cultural event costs including refreshments, guest speakers, transport &amp; insurance.</td>
<td>£1598.00</td>
</tr>
<tr>
<td>Bolton Aphasia Self Help Group (BASH)</td>
<td>Transport costs, accommodation &amp; dinner for trip.</td>
<td>£2160.00</td>
</tr>
<tr>
<td>Bolton Community Association</td>
<td>Costs of running ESOL, IT &amp; Job Search classes.</td>
<td>£3000.00</td>
</tr>
<tr>
<td>Bolton &amp; District Over 50s Federation</td>
<td>Costs of seminar, stationery &amp; travel costs for speakers &amp; room hire.</td>
<td>£1877.93</td>
</tr>
<tr>
<td>Bolton's Ear 4 Kidz</td>
<td>Costs of Halloween &amp; Xmas party including venue hire, entertainment &amp; refreshments.</td>
<td>£1860.00</td>
</tr>
<tr>
<td>Bolton Equalities Centre</td>
<td>Staff costs, volunteer expenses, venue hire &amp; stationery.</td>
<td>£3724.68</td>
</tr>
<tr>
<td>Bolton Gymnastic Club</td>
<td>Costs of equipment &amp; training.</td>
<td>£3800.00</td>
</tr>
<tr>
<td>Brightmeadows Christian Fellowship</td>
<td>Transport cost &amp; tickets for trip to Camelot for families.</td>
<td>£763.75</td>
</tr>
<tr>
<td>Family Support Group</td>
<td>Room rent, staff costs &amp; transport for trips.</td>
<td>£2900.00</td>
</tr>
<tr>
<td>Farnworth Baptist Church</td>
<td>Costs of furniture, kitchen equipment &amp; stationery for café project.</td>
<td>£2500.00</td>
</tr>
<tr>
<td>Farnworth Baptist Church</td>
<td>Costs of furniture, marketing &amp; membership fee for counselling project.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Farnworth UCAN User Group</td>
<td>Costs of venue, refreshments, staff costs, publicity for health event.</td>
<td>£325.00</td>
</tr>
<tr>
<td>The Great Lever Voice Project</td>
<td>Costs of AQA qualifications for young people &amp; office equipment.</td>
<td>£2000.00</td>
</tr>
<tr>
<td>Groups Together</td>
<td>Costs for entertainment &amp; refreshments for social events &amp; publicity materials.</td>
<td>£3000.00</td>
</tr>
</tbody>
</table>
### Small Grants Programme June 2009 List of Successful Applicants

<table>
<thead>
<tr>
<th>Name of Group</th>
<th>Reason for Application</th>
<th>Granted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quebec Hall Lunch &amp; Leisure Club</td>
<td>Costs of Xmas party &amp; transport.</td>
<td>£500.00</td>
</tr>
<tr>
<td>Maltby Residents Association</td>
<td>Costs of Xmas meal, trips &amp; hanging baskets.</td>
<td>£3035.75</td>
</tr>
<tr>
<td>Needs to Dance</td>
<td>Room hire, refreshments, travel expenses &amp; training costs.</td>
<td>£1500.00</td>
</tr>
<tr>
<td>Pukaar Asian Women's Group</td>
<td>Costs of transport &amp; tickets for trip &amp; group insurance.</td>
<td>£1182.75</td>
</tr>
<tr>
<td>Quebec Hall Lunch &amp; Leisure Club</td>
<td>Staff costs, utilities, laptop, stationery &amp; equipment.</td>
<td>£3000.00</td>
</tr>
<tr>
<td>Quebec Hall Lunch &amp; Leisure Club</td>
<td>Costs of water bottles, pedometers, camera &amp; first aid kits for Health Walks.</td>
<td>£497.39</td>
</tr>
<tr>
<td>Sahara</td>
<td>Costs of pampering sessions.</td>
<td>£300.00</td>
</tr>
<tr>
<td>St Matthew’s Coffee Shop</td>
<td>Costs of Christmas &amp; Easter parties &amp; kitchen equipment.</td>
<td>£750.00</td>
</tr>
<tr>
<td>Uthreach</td>
<td>Costs of laptop, pool table &amp; TV. Costs of residential trip for young people.</td>
<td>£4622.28</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td></td>
<td><strong>£60,757.80</strong></td>
</tr>
</tbody>
</table>

### Small Grants Programme July 2009 List of Successful Applicants

<table>
<thead>
<tr>
<th>Name of Group</th>
<th>Reason for Application</th>
<th>Granted</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th Horwich Scout Camp</td>
<td>To purchase adequate camping equipment.</td>
<td>£3860.00</td>
</tr>
<tr>
<td>37th Bolton (St Maxentius) Guides</td>
<td>To attend Girl Guides Centenary ‘Big Gig’ event.</td>
<td>£1150.00</td>
</tr>
<tr>
<td>Asian Women’s Wellbeing Group</td>
<td>To support women to overcome health problems.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>The Bigger Picture Arts</td>
<td>Creation of community based arts &amp; delivery of two year community based art sessions.</td>
<td>£3500.00</td>
</tr>
<tr>
<td>Bolton Asian Services Unit</td>
<td>To develop a programme of information workshops, a community event &amp; programme of trips out.</td>
<td>£2500.00</td>
</tr>
<tr>
<td>Bolton Baseball Club</td>
<td>To maintain sports field.</td>
<td>£2480.00</td>
</tr>
<tr>
<td>Bolton U3A</td>
<td>To contribute to the cost of providing venues for ‘learning co-operative’.</td>
<td>£2500.00</td>
</tr>
</tbody>
</table>
## Successful Grants

### ... continued

#### Small Grants Programme July 2009 List of Successful Applicants

<table>
<thead>
<tr>
<th>Name of Group</th>
<th>Reason for Application</th>
<th>Granted</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bolton YMCA</strong></td>
<td>Continue running gym sessions by extending current post &amp; promotion of gym to become self sustaining.</td>
<td>£3000.00</td>
</tr>
<tr>
<td><strong>Breightmet Wanderers AFC</strong></td>
<td>Continued development of club.</td>
<td>£1617.00</td>
</tr>
<tr>
<td><strong>Community Initiative Ambassadors</strong></td>
<td>Fund three week ‘Love your Neighbourhood’ programme.</td>
<td>£3900.00</td>
</tr>
<tr>
<td><strong>Darbishire Park Vets Bowling Club</strong></td>
<td>To fund calendar of events, purchase indoor sports equipment &amp; build external receptacle for smokers.</td>
<td>£1866.00</td>
</tr>
<tr>
<td><strong>Deane Dynamo’s FC</strong></td>
<td>Development of local community football club; participate in Bolton &amp; Bury Junior league.</td>
<td>£4989.76</td>
</tr>
<tr>
<td><strong>Encompass Hill Walking Group</strong></td>
<td>To provide a local &amp; regional walking trips programme &amp; provision of adequate equipment.</td>
<td>£2966.00</td>
</tr>
<tr>
<td><strong>FC Sharples</strong></td>
<td>Purchase of additional equipment &amp; room hire due to expansion of membership.</td>
<td>£2345.00</td>
</tr>
<tr>
<td><strong>Fighting Fit</strong></td>
<td>To continue current project &amp; fund visit to Coventry Sports Cohesion to develop project in line with this initiative.</td>
<td>£1688.00</td>
</tr>
<tr>
<td><strong>Fortalice</strong></td>
<td>To develop existing creche facility.</td>
<td>£450.25</td>
</tr>
<tr>
<td><strong>Friends Together</strong></td>
<td>To fund monthly entertainment.</td>
<td>£500.00</td>
</tr>
<tr>
<td><strong>FUSE Crafters</strong></td>
<td>To fund start up costs &amp; hold a launch event.</td>
<td>£500.00</td>
</tr>
<tr>
<td><strong>The Ladybridge Singers</strong></td>
<td>To purchase sheet music &amp; provision of venue.</td>
<td>£1912.11</td>
</tr>
<tr>
<td><strong>Moses Gate Community Action Team</strong></td>
<td>To set up two junior football teams.</td>
<td>£4000.00</td>
</tr>
<tr>
<td><strong>Oldhams UCAN Shakers</strong></td>
<td>To increase costumes, accessories &amp; tutors in line with increased demand.</td>
<td>£2779.81</td>
</tr>
<tr>
<td><strong>Phoenix Futures</strong></td>
<td>To provide weekly Arts sessions.</td>
<td>£500.00</td>
</tr>
<tr>
<td><strong>United Homework Club</strong></td>
<td>To renovate a centre for the club.</td>
<td>£5000.00</td>
</tr>
</tbody>
</table>

**Total** £55,003.93

The next page (page 19) lists the **Successful Applicants of the BIG Bolton Fund Breaks for Carers, Round 20**. Funding has been provided by Bolton Council’s Adult Services Department and forms part of the Bolton Carers Strategy. Grants have been awarded to carers groups, self-help groups and voluntary groups who support carers, to allow carers to have a short break.
### Successful Grants

#### BIG Bolton Fund Breaks for Carers Round 20 List of Successful Applicants

<table>
<thead>
<tr>
<th>Name of Group</th>
<th>Reason for Application</th>
<th>Granted</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asian Carers Forum</td>
<td>Day trips to Blackpool, Leicester, Dewsbury Market &amp; a weekend in Brighton.</td>
<td>£855.00</td>
</tr>
<tr>
<td>Asian Carers Group</td>
<td>Weekend break to Scotland or London.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Asian Parents Support Group</td>
<td>Evening meal in Manchester &amp; pampering sessions.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Bolton Aphasia Self Help Group</td>
<td>Day trips to Imperial War Museum, Manchester, Portland Basin Museum &amp; Chester Zoo, as well as a Christmas Lunch.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Bolton Crossroads</td>
<td>Three canal boat day trips around Manchester &amp; Cheshire, including transport &amp; a meal.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Bolton Phab Club</td>
<td>Day trip to Windermere.</td>
<td>£700.00</td>
</tr>
<tr>
<td>Bury/Bolton ME/CFS Support Group</td>
<td>Sunday lunch at Smithills Coaching House.</td>
<td>£900.00</td>
</tr>
<tr>
<td>Carers Social Group</td>
<td>Six monthly social meetings at Kings Head Pub &amp; a summer outing &amp; meal during carers week.</td>
<td>£990.00</td>
</tr>
<tr>
<td>Daytrippers</td>
<td>Outing to Go Ape, meal at Chinese Buffet &amp; vouchers for pampering/theatre/cinema for carers.</td>
<td>£944.00</td>
</tr>
<tr>
<td>Dementia Support Group</td>
<td>Summer outings to Fleetwood &amp; Lake District. Christmas trip to Bramall Hall.</td>
<td>£1000.00</td>
</tr>
<tr>
<td>Good Companions</td>
<td>Pampering items &amp; toiletries for carers, plus costs of their monthly meetings &amp; transport for outings.</td>
<td>£750.00</td>
</tr>
<tr>
<td>Groups Together</td>
<td>Day trip with lunch, transport &amp; evening meal for Christmas Party.</td>
<td>£600.00</td>
</tr>
<tr>
<td>Happy Carers</td>
<td>Outing on the East Lancs Railway &amp; evening meal &amp; social at Rivington Barn.</td>
<td>£987.00</td>
</tr>
<tr>
<td>Harbour Project</td>
<td>Theatre trip, evening meal &amp; insurance.</td>
<td>£880.00</td>
</tr>
<tr>
<td>JIGSAW</td>
<td>Vouchers to enable carers to get a break at their convenience –theatre/cinema/pampering/meals.</td>
<td>£750.00</td>
</tr>
<tr>
<td>St Matthew’s Coffee Shop</td>
<td>Meal at Chequers, Westhoughton.</td>
<td>£190.00</td>
</tr>
<tr>
<td>The Friendship Café</td>
<td>Costs of monthly meetings.</td>
<td>£550.00</td>
</tr>
<tr>
<td>The Shakti Group</td>
<td>A day at Last drop Village as a celebration of Eid. Includes use of the spa, a buffet &amp; transport.</td>
<td>£910.00</td>
</tr>
<tr>
<td>Westhoughton Visiting Service</td>
<td>30 weekly activities for carers.</td>
<td>£1000.00</td>
</tr>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td><strong>£16,006.00</strong></td>
</tr>
</tbody>
</table>
Legal Update

Safeguarding

The new Vetting and Barring Scheme (VBS) will be launched in October 2009. This will bring in new safeguards for children and vulnerable adults.

From 12th October, two new lists will be created by the Independent Safeguarding Authority (ISA), replacing the List 99, the POCA (Protection of Children Act) and POVA (Protection of Vulnerable Adults). Access to information from these lists will be through the existing Enhanced Check with the Criminal Records Bureau. Standard CRB checks will no longer be available for work with children or vulnerable adults.

The range of regulated positions from which people can be barred will be increased, especially in relation to work with vulnerable adults.

It will be an offence for a barred individual to seek or undertake work, whether paid or unpaid, with children or vulnerable adults, or for an employer knowingly to take on a barred person.

There will be a new duty on employers, social services and professional regulators to notify the ISA of relevant information about individuals who pose a threat to children or vulnerable adults.

Over the next five years, there will be more measures introduced to strengthen safeguarding and Bolton CVS is advising all organisations to re-look at their safeguarding policies and bring them up to date. Appointing a trustee to champion safeguarding in your organisation is one way to ensure this topic remains on the agenda.

For more information please go to www.isa-gov.org.uk or www.crb.gov.uk.

Your Charity and Public Benefit

All charities with financial years starting on or after 1st April 2008 will now have to report on the public benefit their work delivers using the Trustees’ Annual Report (TAR).

To help develop trustees’ thinking, the Charity Commission has published five examples of how public benefit can be described in a TAR. These fictional examples include a drugs advice centre, a grant-making charity, a youth club, a church and a fee-charging independent school. The examples cover charities both under the £500,000 audit threshold and those above it, and are available from www.charitycommission.gov.uk/publicbenefit.

These examples shouldn’t be treated as ‘templates’ but will hopefully show trustees how to report on the public benefit their charities deliver in a clear and straightforward way. The Commission will be adding more examples to this library over the next few months.
Legal Update

The Recession - 15 Questions Trustees Should Be Asking

The Charity Commission has produced a guide for trustees to support their charity through the recession. It also contains references to specialist areas of support. Go to www.charitycommission.gov.uk/tcc/ccnews29check.asp.

For more information about charity issues, go to www.charitycommission.gov.uk or phone the Commission on 0845 3000 218 or textphone 0845 3000 219. Lines are open from 8.00 am to 8.00 pm weekdays and 9.00 am to 1.00 pm Saturdays, except national holidays.

Health and Safety

The Health and Safety Executive (HSE) has set up a new web page for young people. Major risks for young people when starting work may arise because of their lack of experience or maturity, and not having the confidence to ask for or knowing where they can get help. For more information, go to www.hse.gov.uk/youngpeople.

A re-launched part of the HSE website provides advice on musculoskeletal disorders including problems such as low back pain, joint injuries and repetitive strain injuries of various sorts, and guidance on Display Screen Equipment. Go to http://www.hse.gov.uk/msd/index.htm.

Refreshing the Compact

The Compact has been a key factor in ensuring many issues have moved from the sidelines to expected practice, such as 3-year funding and full cost recovery. Ten years since its launch, the Compact is now being refreshed to ensure its continuing relevance and to enhance its impact.

A formal three-month consultation on a draft of the new national Compact is being conducted from 20th July to 12th October 2009.

The new Compact will aim to:
- take the best from the original Compact and its codes, retaining all the key points, which have contributed to its success. The refreshed version will take into account recent developments in law, policy and practice.
- set out what a Compact way of working means and help public bodies and the sector to make this a reality.

The refresh should be completed by November 2009 and will be launched in Compact Week (2nd to 8th November 2009).

For more information, go to www.thecompact.org.uk or www.compactvoice.org.uk.
Hi again. I’m writing to give you an update on some exciting things that have been happening in the sector with regards to children and young people’s services.

Since the last article we have sadly said goodbye to Julie Ryle who has now left the position of Strategic Third Sector Lead for Children and Young People. We would like to thank Julie for all her hard work over the last two years and wish her all the very best for the future. Our chairperson, David Reid, has now replaced Julie on the Children’s Trust to represent the forum and it is hopeful that over time this will enable forum members to have greater influence in strategic decisions and the future direction of children’s services locally.

Before Julie left, a representative from Bolton’s Children’s Services was designated to our group and that person is Kath Smith. Kath attended the strategic forum meeting on 23rd June 2009, where we discussed how the role of the Third Sector services will be as involved as possible with the new commissioning processes for Bolton.

Kath again returned to the forum on 16th July 2009, where she gave us a presentation about the proposed commissioning process within Bolton’s Local Authority and invited us to give our views and feedback regarding the process. The key areas that the Local Authority (LA) will be looking to commission are identified as being Positive Activities for Young People and Targeted Youth Support. It will be intended to involve children and young people in the commissioning process as far as possible and in addition to this it has been recognised and identified that partnership working between the LA and Third Sector organisations will be paramount to successful service delivery and improving outcomes for children and young people. We have also all agreed that improved communications throughout the process and when services are commissioned are highly important.

As well as this, many organisations (both smaller and larger groups) within the Third Sector have participated in a skills audit. Claire Ross from Birtenshaw kindly took the time to ask a number of questions of representatives form the sector and fed back on some of the strengths within services and some of the areas we could look to improve on. Kath Smith discussed some opportunities that will be made available to the sector regarding training and development opportunities to support some of this work.

If you have any questions about the work of the forum or want to know how you can become more actively involved, you can either contact The Chair, David Reid, at david.reid@birtenshaw.org.uk, or the Vice Chair, Inayat Omarji, at info@bcom.org.

If you wish for me to add anything in the next edition of Jumbo relating to children and young people’s services or developments in the sector, please email me at sarah.tootell@actionforchildren.org.uk.

Children’s Workforce Development Resources
Bernie Connor has started to add information to the Children and Young People section (and Events/News sections too) on the Bolton CVS website. Please check it out and let her know if you find it useful or have resources/information that you want to see added.
Staff Audit/Survey
Thank you very much for those individuals from groups who completed the questionnaire about what skills and knowledge they have to enable their working with children and young people. To date I have received 25 completed questionnaires (covering 13 organisations) which has enabled me to start building a picture of the sector. This will not only highlight the wealth of skills, knowledge and experience that already exists amongst the children’s workforce but also identify any gaps that need addressing to ensure the future development of these volunteers and staff, in terms of training etc. If you and other members of your group have training needs but have not completed a questionnaire, please do not hesitate to contact me. The more information that is collated about the needs of those supporting children, young people and families will ensure that Bolton CVS can help groups to develop more effectively with support that is tailored to their needs. If you want to be involved with this please contact me on Bernie@boltoncvs.org.uk or 01204 605410. Finally congratulations to Margaret Kay whose completed questionnaire was drawn to receive costs of £250 for training for her group, Farnworth Parents Group.

Aiming High for Disabled Children
Unfortunately, the bid submitted by the Aiming High workforce sub-group to Children’s Workforce Development Council (CWDC) for its Participation Fund was unsuccessful. Despite this, a number of projects across the country were awarded funding that will create new resources which can be used by all the workforce to increase children, young people and families’ participation in workforce development and reform. For details on the projects funded see: http://www.cwdcouncil.org.uk/participation-fund/participation-fund-2009-10.

Guidance on safeguarding disabled children updated
The Children’s Society has produced guidance and will advise local safeguarding children boards (LSCBs) and their relevant partners on how best to safeguard and promote the welfare of disabled children. It is intended to be used in line with the 2006 publication ‘Working Together to Safeguard Children’. Children’s minister Delyth Morgan said: "The abuse of disabled children is too often overlooked or simply denied. In order to raise awareness of this abuse, attitudes and assumptions regarding the rights of disabled children must be challenged. I urge all agencies to look again at this issue and use this guidance to make sure they are doing everything they can in their local area." Actions for LSCBs to consider within the guidance include: an expert-led sub-committee for safeguarding disabled children, more regular consultation with disabled children, parents and carers, and awareness-raising activities to reach the wider community.

Safe Network launched: www.safenetwork.org.uk
A new £2.2m unit managed by the NSPCC and Children England to help protect eight million children taking part in voluntary activities, Safe Network is funded by the Department for Children, Schools and Families. The Department recognises the need for a tailored safeguarding support for the Third Sector following its Staying Safe consultation with charitable and voluntary organisations. Partners involved in the network acknowledge that there is a lot of existing good practice but state that not all of the people and groups working with children do all they could do to keep them safe from harm. So whether you are new to the issues of child safety or have lots of experience, the Safe Network has a wealth of advice, guidance and support to help your group ensure it has a skilled and safe workforce. Check out the website (address above) or ring their telephone helpline 0116 234 7217.
Welcome to Hava

Hello, my name is Hava Yakub and I am the new Volunteer Support Worker at the Volunteer Centre.

I have worked for Bolton CVS in the past for the Community Development Initiative project and the Community Network as a community development worker.

Since then, I have worked for Victim Support and Witness Service and Bolton Equalities Centre. This has enabled me to learn about how crime affects peoples’ lives and how the criminal justice system works. At Bolton Equalities Centre, I learned about equalities work in the real world and how equalities can be misused to suit differing purposes.

Here at the Volunteer Centre I am working on a new and exciting project, doing something which I feel is completely different to what I have done in the past. My role is to recruit Volunteering Champions from the neighbourhood renewal areas in Bolton. These people are likely to be experts in the field of volunteering and are active in their field. The Volunteer Centre would like these people to work with them to promote volunteering in their area and will provide support and training to further develop them in their role. If you would like more information about this project, give me a ring on 01204 546064.

Training

The Volunteer Centre is delivering a number of training sessions.

- Success - An Art, Science or Good Luck - Monday 5th October at the Bolton Hub.
- Volunteer Development Programme - Thursday 12th and Thursday 19th November.
- Volunteer Recruitment and Selection - Monday 30th November.
- Stress Management – date and venue to be confirmed, please see the Bolton CVS training diary for more information.
- Stress Management – Tuesday 1st December, venue to be confirmed. Please see the Bolton CVS Training Diary for more information.

If you are interested in taking part or in finding out more, please contact Joan Manville (Learning and Development Co-ordinator) on 01204 546016.
Volunteering Matters

Bolton’s Volunteer Oscars

Our annual volunteer celebration event is taking place on Thursday 24th September 2009 from 7.00 pm onwards at the Victoria Halls, Knowsley Street, Bolton.

This year we are having a change. Groups and projects can nominate themselves for an Oscar, in recognition of the good work that you do. The ten categories include: supporting older people, health care and volunteering, education, young people, children, environment, justice, driving, and art and culture.

It is not competitive. Those nominated will receive an Oscar. We would then like you to get three representatives from the project to receive the award.

If you would like to express an interest in this event, please let the Volunteer Centre know on 01204 546060 or email us on Peter@boltoncvs.org.uk or Heather@boltoncvs.org.uk.

Bolton’s Volunteering Strategy

Is volunteering important to you? Do you feel the role of a Volunteer Manager/Co-ordinator is fully recognised?

If this is the case, please visit our website at www.boltoncvs.org.uk and navigate to the Volunteer Centre and click on Volunteering Strategy. Complete a short survey to tell us what you think about various volunteering issues. We need to hear your point of view.

Volunteering Champions

A new and exciting project has been set up by the Volunteer Centre Bolton, it is called Volunteering Champions. The aim of the project is to recruit people who are experienced volunteers to promote volunteering in their area. The project covers the neighbourhood renewal areas in Bolton such as Rumworth, Halliwell, Crompton, Hulton Lane, Washacre, Johnson Fold, Hall I’th Wood, Tonge with the Haulgh, Farnworth, Great Lever and Breightmet.

So, if you would like more information about Volunteering Champions and you love helping out other people, please give Hava Yakub a ring on 01204 546060 at the Volunteer Centre.

Volunteering Forum

Monday 28th September 2009
12.30 pm – 3.00 pm

We will be discussing another current volunteering ‘hot topic’; hearing some group presentations and having lunch. Call Shahenaz on 01204 546060 to book a place.
Health & Care Together

Swine Flu
As we got to press, there has been a steady rise in the number of cases of people who have been diagnosed with swine flu. The National Swine Flu Service has been set up and this provides a telephone and internet service for people who need anti-viral medication. The new service means most people with swine flu no longer need to contact their GP, leaving GPs free to deal with other patients, including those who are at risk of complications from flu. The service is available on 0800 1 513 100, or 0800 1 513 200 for minicom users, or on-line at www.direct.gov.uk/pandemicflu.

Health Service managers in Bolton are reminding people to ensure they identify someone such as a friend, neighbour or relative who can collect anti-virals for them if required – known as a Flu Friend. Patients themselves must not come to the anti-viral centre because of the risk they’ll pass on the virus. The centre is open till 8.00 pm, so a Flu Friend can be someone who is busy at work during the day but free in the evening. Flu Friends need to bring identification for themselves and the patient.

At Bolton CVS, we are collecting information about how swine flu is affecting your service, staff, volunteers and service-users, and feeding this back into local planning processes. Please pass on information by the following means:

- email to report@boltoncvs.org.uk
- phone Health and Care Together on 01204 546050 (24 hour answer machine)
- fax us on 01204 546041
- write to The Co-ordinator, Health and Care Together, Bolton CVS, The Bolton Hub, Bold Street, Bolton BL1 1LS

We will be keeping groups up to date about the local situation on our special webpage at www.boltoncvs.org.uk/swine-flu. This includes local information and resources for groups to help them through this pandemic.

Bolton Health Mela: The first Health Mela to be held in Bolton, a family fun day bringing together a whole range of services and organisations, including blood tests (Cholesterol and Diabetes), yoga workshops, complimentary medicine, slimming clinic and a whole lot more. The event is taking place on Saturday 24th October 2009 from 10.00 am to 4.00 pm at Chancellor’s Mall, University of Bolton. If you would like to participate and find out more about the event then please contact Professor Robert Campbell on 01204 903239 or alternatively call Health and Care Together on 01204 546050.

Health, Care and Wellbeing Forum: Next Forum meeting will take place on 8th September 2009 at the Hub 12 noon to 2.00 pm, light buffet available. The speakers will be Sarah Moorley from the NW Ambulance Service and from Bolton Crossroads. If you are interested in attending or speaking at our Forum meetings please contact Farzana on 01204 546050.
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<td><strong>BOLTON CVS</strong></td>
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<td>Chief Executive: Karen Minnitt</td>
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<td>Deputy Chief Executive: Andy Hazeldine</td>
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<td>Company Administrator: Jackie Gildert</td>
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<td>Finance Manager: Jane Rushmore</td>
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<td>Finance Assistant: Julie Fletcher</td>
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<td>Training Co-ordinator: Joan Manville</td>
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<td>Training Admin Support Worker: Safia Shahid</td>
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**FUNDING AND DEVELOPMENT TEAM**

| Funding & Development Manager: Saskia Ritchie |
| Development Co-ordinator: Helen Tomlinson |
| Development Worker: Kairen Smith |
| Children’s Workforce Development Worker: Bernie Connor |
| Information & Communication Worker: Heather Oliver |
| Grants Co-ordinator: Mark Grundy |
| Grants Support Worker: Stuart Vaughan |
| Grants Support Worker: Sharon Bolus |
| Grants Admin Support Worker: Sumaiya Kazi |

**RELIEF ADMIN SUPPORT WORKERS TEAM**

| Leader: Gill Upham |
| Relief Admin Support Workers: |
| Caroline Arkwright, Sam Armstrong, Denise Benyon, Dawn Booth, Zebulnisa Butt, Anne Burt, Brenda Grinstead, Christopher Hayden, Sumaiya Kazi, Pam Livesey, Shonti Mukherjee, Anne Newton, Wendy Houghton, Kirsty Upham |

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<td>Community Engagement Co-ordinator (Neighbourhood Renewal): Michael Carroll</td>
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<td>Community Engagement Co-ordinator (Health): Sarah Lever</td>
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<td>Systems and Information Development Worker: Diane Craddock</td>
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<td>Community Engagement Development Worker: Louise McDade</td>
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<td>Neighbourhood Participation Development Worker: Neil Gibson</td>
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<td>Community Engagement Workers: Zahida Abbas, Monica Ballani, Hemlata Chevli, Clare Davies, Jolene Dodd, Yasmin Ghanchi, Rehana Makk, Colin Matthews, Tracey McCue, Razia Mohamed, Christopher Oliver, Victoria Urmston, Samim Vali</td>
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<td>Health Development Worker: Carol Hayden</td>
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You can email any of the staff using their first name: Sumaiya@boltoncvs.org.uk
Your contribution is needed...

Over 1,800 copies of JUMBO are produced and distributed throughout the Borough in January, March, May, July, September and November.

We are keen to include your articles, information, experiences, diary dates, training events, inserts.

Ways in which you can contribute to this newsletter:

- Send your contribution to the Editor at Bolton CVS (address above) or by email to: heathero@boltoncvs.org.uk
- If posting, please save the text in Microsoft Word, please also include a paper copy.
- We reserve the right to edit articles or not to publish.
- The views expressed in JUMBO do not represent the policy or views of Bolton CVS, the Executive Committee, staff or volunteers of Bolton CVS.
- Also contact Heather if you need support or assistance in writing your article or even in starting or developing your own group Newsletter.
- We may also place articles on the CVS website.

COPY DEADLINE FOR THE NEXT ISSUE
Friday 25th September 2009

DEADLINE FOR INSERTS
Wednesday 14th October 2009