

Summary of Health and Wellbeing Investments for Round 1- 2018: 20 projects funded.

Mental Wellbeing and Early Intervention		
St George's Day Centre	Reducing Alcohol by reducing social isolation and accessing community resources.	1 YEAR with self-help project sustainability built in
Reflections Counselling Service	Free Counselling in Brightmet – including supporting clients to take responsibility for their mental wellbeing using worksheets and exercises.	2 years
Special Needs under 5s	Inclusion of children with special needs under the age of 5 into mainstream pre-school settings.	1 YEAR with self help project sustainability built in
Bolton Adult Autism	Supporting Adults with Autism and their Carers full time co-ordinator	1 year match fund
Bolton Toy Library	Early help for parents before they reach crisis point targeting mothers via drop-ins	2 years
Promotion of Good Health		
Bolton Wanderers Community Trust	Reducing social Isolation in increasing physical activity for Adults	2 years
Community Care Options	Healthy Living workshops for adults with learning disabilities and mental health problems	2 years
FareShare Gt Manchester	Supporting food bank projects in Bolton	2 years
North West Life Education Trust	Healthy Eating project in primary Schools	1 year social enterprise continuation built in
WAVE Adventure	Outdoor activities and leadership training for young people delivered in	2 years
Bolton Hindus Age Inspiration (BHA)	Walking group, yoga and healthy eating for Older People	2 years
Green Spaces		
Groundwork in Bolton, Bury, Oldham & Rochdale	Outdoor activities for children and families together	2 years
Good Companions Bolton	Community Garden for x community people with physical disabilities and their Carers	2 years
Ainsdale Road Community Allotment	Growing project <ul style="list-style-type: none"> • Mental Health (Shepherd Cross St. Allotments Halliwell 2 mornings a week) • Ainsdale Road Community Allotment (ARCA) in Great 3 groups, a family group, a women's group and the community group 3 times a week • The Deprosu Allotment(DP) at Haslam Park, Deane 	1 year
Arts		
Bolton Warblers	Community Choir Brightmet	2 years
Fusion Community Centre	Crafts Group Older people and community cinema	2 years
Bolton at Home	Zine project with Asian Women	1 year
golden Oldies	Pottery and Art project older people	1 eyar
Art For You CIC	Craft drop in for young people leaving care	2 years
Willows Action Group	Arts and Crafts for isolated residents with mental wellbeing needs. Includes large event during school holidays Dean area	2 years