

Bolton's Fund Children Getting the Best Start in Life

Round 1 is focussed on Priority 1

In this first round we encouraged applicants to be creativity and maximise their community assets to embed information that supports one or more of these key priority areas:

- Encouraging children and families to have a healthy, balanced diet and increased physical activity
 - Encouraging smoke free homes for children and families
- Encouraging good oral hygiene routines such as regular tooth brushing with fluoride toothpaste

Projects Awarded

Name of Applicant (Group)	Summary of project/activity	Awarded
Autistic Society Greater Manchester Area	Monthly physical activities (and holiday activities) for youth group such as walking Rivington Pike and Worsley Woods; canoeing and climbing.	£ 4,969.00
Blackrod Sports and community centre	The project relates directly to the relief and reduction in poor choices and unhealthy lifestyles in Blackrod through our Community Health coordinator. Activity will take place at Blackrod sports and community centre 7 days a week and include football, badminton, table tennis, karate, yoga, tai chi, dancing, Zumba and delivered by the coordinator and instructors	£ 5,000.00
Bolton Area Home Educators	Healthy Cooking classes and Get Active sessions. Weekly Wednesday afternoons at Westhoughton Hub. We will alternate each week between Cookery classes and Get Active activities. Cookery will be based on a section of the Eat well plate and parents will be invited to learn alongside their children.	£ 1,500.00
Bolton Mandhata Youth	Supporting girls to keep and stay fit through involvement in the Morris Dancing team.	£ 1,000.00
Bolton Wanderers Community Trust	Through engagement with our project, families will have increased physical activity and healthy lifestyle awareness. Our Community Engagement Officers will work with children who are identified by their school as being inactive. These children will attend 6x60 minute health workshops which will include theory & practical delivery	£ 4,967.00

Bridge Church	To promote healthy eating, we will offer new healthy snack options that children may not have tried before. We will display healthy eating posters and leaflets for parents and guardians to access. We will also be optimising our story time by educating children and families about healthy eating, oral hygiene and exercise in a fun and interactive way. Our weekly crafts will also be based on education around these themes.	£ 3,300.00
Farnworth Carousels Morris Dancers	Supporting girls to keep and stay fit through involvement in the Morris Dancing team.	£ 1,500.00
Friends of Moorgate Primary School	6 Weekly after school family keep fit sessions around needs of chosen families eg: people with weight issues, disabilities or other medical/physical needs along with meal ingredients package to change eating and lifestyle attitudes and habits.	£ 930.00
Harmony Youth Project	QFit, designed to change the mind sets of youth, from computer geeks to fitness freaks! Including healthy eating ideas and messages.	£ 4,689.00
Horwich Festival of Racing	Horwich Festival of Racing 2020 which will include activities to inspire young people to take part and provide an opportunity for families to take part together in our 1 Mile Fun events	£ 3,000.00
Kidz2gether	The Rebound Therapy project will be run by Kidz2gether at St James C of E School in Farnworth, it will be a weekly session every Wednesday from 5pm to 7pm.	£ 5,000.00
Prime Sports NW CIC	Inclusive Free multi-sports sessions, for children with SEN and from disadvantaged backgrounds in Bolton	£ 5,000.00
Red Rose Rollers Skating Club	Purchasing training equipment / lighting, additional needs and funded skating programme, and First Aid Training	£ 3,248.00
Special Needs Under Fives Support	Provide 1:1 volunteer support to Early Years, Special Needs Children to enable them engage in active play that they wouldn't be able to access otherwise.	£ 4,937.00
The Ark International	Working with the Roma community to support access to physical activity such as Aqua Gym; Dentist registration and visits and address lack of education amongst parents about the impact and consequences of bad diet and poor oral hygiene.	£ 4,994.00
The Hub Westhoughton	Fit and Healthy Families reaching out to families not engaged in physical activity with a once monthly support group to to engage, educate in nutrition and the benefits of physical activity and help overcome specific barriers. This will include the benefits of not smoking for an improved cardiovascular health for all the family.	£ 5,000.00
The Sycamore Project (Zac's Youth Bars)	Healthy Living Project - Outdoor Water Sports / Grow Your Own Veg / Cooking Healthy Meals. They will learn how to meal plan, budget and purchase food, prep, cook and serve food. We will provide them the skills and knowledge they will improve their diet as well as giving them skills for life.	£ 4,500.00
TOTS@ R place	Equipping parents to choose a healthy, balanced diet and increase their physical activity through play through outdoor play and activities.	£ 2,006.00

WAVE Adventure	2 x 10 week programmes so that 20 children can participate regularly in healthy non-traditional sports such as climbing, kayaking, mountain biking and gorge walking. Children will learn how to improve their health and physical fitness and will develop skills and knowledge to be able to take part regularly.	£ 5,000.00
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