

volunteering

newsletter

October 2010

Volunteer Centre Bolton

Welcome to the October edition of our newsletter. Since the last newsletter, Peter Sloan has retired from his position of Volunteer Centre Coordinator and Heather Potter has now taken up the role.

Heather previously carried out a job-share with Peter before returning from maternity leave.

The team at the Volunteer Centre now consists of Heather Potter (Co-ordinator), Hava Yakub (Volunteering Outreach Worker), Joan Manville (Learning and Skills Development Co-ordinator) and Shahenaz Patel (Administrator).

We are very keen to support individuals who want to volunteer and also help organisations in developing new volunteering opportunities.

This newsletter will provide you with information on some of our latest opportunities and also give information on training and events that are coming up.

Volunteer Centre Bolton

The Bolton Hub
Bold St
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☎ 01204 546060

✉ admin@boltonvolunteering.org.uk



We hold regular pre-volunteering workshops to help people get into volunteering.

They last an hour and give people the information they need to make the right choice.

Don't forget that you can also access hundreds of volunteering opportunities on the Do-it website - www.do-it.org.uk - they are listed by interest and area.



Volunteering is currently going through changing times, following the new coalition government and more recently the spending review. We hope that over the coming months we will be able to keep you up to date with any changes that the 'Big Society' will bring to the world of volunteering in Bolton.

Coming Up

Volunteer Related Training at Bolton CVS

◆ Selection & Screening of Volunteers | 1st November

In this workshop we will look at ways to make sure you have the right systems in place to match the right people with the right roles.

◆ Dealing with Difficult Volunteers | 11th November

What happens when volunteers do the wrong things or don't do what is expected of them? What would be the consequences if you failed to act appropriately?

In this workshop we will explore this difficult and delicate area of volunteer management.

◆ Success is it an 'Art' or just 'Good Luck?' | 8th December

Are you in control of your life or do you feel events 'just happen' to you and you have to make the best of it? In this workshop we'll explore how you can make those changes that you want to see in your life. Imagine how would that feel when you make your New Year's resolutions and you make things happen the way you want them to be...

To book on these courses call Lynette on 01204 546010 or email lynette@boltoncvs.org.uk



Volunteering Forum

Following on from our enlightening session on Social Networking (Facebook, Twitter, LinkedIn), and how it can help volunteering, our next Forum meeting is on Monday, 29th Nov 2010, 12.30 - 3.00pm at The Hub. (Lunch provided.)

This is always a vibrant and exciting opportunity to learn and express your views and opinions on all matters concerning volunteering for those involved in managing volunteers.

Contact Shahenaz to book your place.

News

Bolton Time Bank is here!

Bolton Time Bank is a way for people to help others in their community and be rewarded for it – in time. For every hour of time you give helping someone you receive one time credit. You can 'spend' your time credits when you need help from someone else. You can give them to another person who needs some help or you can save them. Anyone can join the Time Bank – age, ability, lack of finance or limited mobility are not barriers to participating in the time bank.

Activities groupings include: Keeping Fit, Home, IT, Music, Office, Outside, People, Skills, Teaching & Trips Out. >>>

www.timebanking.org

Diversity Offer

- ◆ Do you want to increase the diversity of your volunteer group?
- ◆ Are there particular groups you would like to attract as volunteers?

The Volunteering Greater Manchester project is now offering to work to support organisations wishing to ensure that volunteering is open to all. It seeks to review policies and practice and challenge barriers to volunteering. Their main goal is to help organisations to improve access and support for non-traditional volunteers, including people experiencing mental and emotional difficulties, people with learning disabilities, refugees and asylum seekers, the long term unemployed, and people from BME backgrounds.

The project will develop a diversity strategy and a work plan with your organisation, working with staff, trustees and volunteers based on organizational needs and goals.

For an informal chat or further information please contact Gwen Mason on 0161 831 5457 or e-mail gwenm@refugee-action.org.uk

Volunteering Opportunities

2012 Olympics

◆ Games Inspired Volunteering Opportunities

As the London 2012 Olympic Games approaches, you may be considering getting involved with the Games. The closing date to be a volunteer 'Games Maker' for the Games is 27th October. >>> www.london2012.com/get-involved/volunteer/index.php

As we get nearer to the Games you should also be able to find more localised 'Games Inspired Volunteering Opportunities'. These will be opportunities that have a demonstrable link with 2012 and reflect the values of the Olympics: friendship, courage, determination, excellence, equality, respect and inspiration.

These opportunities should be available via the Do-It website as the Games approaches. If you are interested in creating a 'Games Inspired Volunteering Opportunity', please contact Heather.



◆ Inspire Programme

The Inspire Programme has been set up to enable non-commercial organisations across the UK to link their events and projects to the London 2012 Games.

Projects must be linked to one of six areas: sustainability, education, volunteering, business, sport or culture and be genuinely inspired or energised by the 2012 Games.

By applying for the Inspire programme organisations will be able to carry the London 2012 brand through the inspire mark.
>>> www.london2012.com/get-involved/inspire-programme/index.php

Event Help

◆ Hoot (Bolton Credit Union)

Hoot is a Credit Union, providing access to savings, accounts, insurance & low interest loans to people who live or work in Bolton.

Hoot is currently looking for **Event Volunteers**. The main role of an event volunteer is to promote the credit union and explain how the benefits provided can offer the community a safe alternative to the ungoverned doorstep lenders and loan sharks that often target people who live in financially excluded areas.

Hoot is also looking for **Community Volunteers**. These volunteers will run a local collection point. Duties ↓

↓ include taking weekly collection payments from members who want to save or make loan repayments, balancing and bank money and sending new applications through to the main office.

Full training and ongoing support will be provided.

◆ Royal National Institute for the Blind

The RNIB provides over 60 different services to over 1.7 million blind and partially sighted people in the UK. Our mission is to challenge blindness by empowering people who are blind or partially sighted, removing the barriers they face and helping to prevent blindness.



Warm & friendly? Empathetic & outgoing? Flexible & helpful?

If any of the above describes you, here's a chance to put your brilliant personal qualities into action as a **Member Forum Event Assistant Volunteer**. Help blind and partially sighted participants get the best out of our Member Forum events by providing a friendly, welcoming and comfortable place to meet and share experiences. Our team of Event Assistants has a space just for you!

Health & Wellbeing

◆ Bolton Council Active Health - Vulnerable Communities

Active Health's aim is to raise knowledge & awareness about the importance of regular physical activity and to provide opportunities for local communities to become physically active. Active Health provides activities such as walking, gym sessions, cycling and tai-chi.

Physical Activity Health Mentor Volunteers are required to help encourage people from communities to live a healthier life style through regular participation in sport and physical activity. They are looking to recruit volunteers to support either individuals and/or a group to assist in breaking down barriers individuals may face to participating in sport and physical activity. You may be working with individuals or groups who may need support, advice and guidance to make that step into sport and physical activity, or support individuals whose first language may not be English, or may have a disability or simply need a helping hand. ↓

↑ Volunteers are needed at various times and on various days throughout the week. The role is on a flexible commitment basis and arranged by appointment. All training will be provided.

◆ Little Angels

Little Angels supports and guides parents, families and infants providing nutrition guidance and wellbeing support.

Little Angels are currently looking for **Breastfeeding Peer Support Volunteers**. Opportunities for peer support volunteers include being involved in breastfeeding support groups, ante-natal workshops and post-natal support to mums and their families. Comprehensive training is provided.

◆ Nugent Care – Befriending Volunteer

Do you have you a few hours to spare each week? Nugent Care provides a day service in Bolton and Horwich to individuals who have a learning disability.

They are looking for volunteer befrienders to offer support and friendship to adults with complex needs to increase their inclusion in the local community. In turn you can learn new skills whilst giving something back to the community. ↑

↓ Volunteers enrich this service by:

- Forming natural relationships that are NOT based on care needs.
- Enabling increased social inclusion in the local community. (Swimming, bowling, gardening, horse riding, cinema visits, rambling, cycling & days out.)

Contact Anna Keightley on 01204 694037 | akeightley@nugentcare.org.

Admin & Office

◆ Bury Society for Deaf and Hearing Impaired

We are a social club & meeting place for deaf children & families. We provide both hearing impaired children & their parents with events, advice and information on issues that are important to them such as education, benefits and health.



The society hosts a number of social events to enable deaf and hard of hearing children to socialise and to participate more fully within the community. The society also provides a signposting service to help our users access services more easily. Educational courses and groups are regularly run at the society building.

We are looking for an **Administration Assistant** who will support the manager by carrying out a range of office duties including answering the telephone, responding to emails, filing, preparing rooms for activities and welcoming members to the society. This is a great opportunity for someone with experience in office administration to become involved in a worthwhile cause.

This is a great opportunity for someone looking to use or improve their secretarial skills (email and MS Word and Office). It is a responsible role, giving a great insight into the issues faced by visually impaired people; helping organise trips and outings etc. means that it's fun too!

◆ **Simeon Centre Counselling Service - Greeter Volunteer**

The Simeon Centre is a free counselling service that is available to anyone aged 16 years upwards dealing with any issue that is important to the client.

They are looking for volunteers to meet and greet clients and show them to the room for their appointment. The volunteer would also be required to take messages for the counsellors, complete paperwork and at the end of the evening set the alarm and lock up with one of the counsellors. They are looking for dependable volunteers to act as Client Greeters for their evening service 5pm - 8pm and/or Saturday morning service 9.45am - 12.15pm.

No counselling experience is required however volunteers must be over 18 years of age. Induction and training will be provided.

◆ **Bolton Literacy Trust & Involved Team**

Bolton Literacy Trust is a charity which works to encourage people of all ages to improve their literacy, numeracy and ICT skills and also to help celebrate the successes and achievements of local people in this field. It delivers shared family learning programmes across Bolton. The trust also hosts a parenting group on ↴

↴ Wednesday afternoons at the Great Lever Family Learning Centre which supports parents with teenagers on a range of parenting issues.

We are looking for a **Book Donation Scheme Volunteer** to be involved in our book donation scheme. Books are donated to the Trust and then sold on Amazon. The system involves: sorting books into categories, inputting onto the Amazon system, identifying books that have been sold and posting sold books within a timescale. The book donation scheme is based in town centre offices near the station. Help is needed for a 3 hour slot daily and could be a different person each day.

Fundraising

◆ **CLIC Sargent** (Caring for Children with Cancer)

Every day 10 families are told their child has cancer. CLIC Sargent, the UK's leading children's cancer charity, is the only organisation to offer them all round care and support, for them and their families in hospital and in the community.

Our range of services means that we can support children and young people with cancer, and their families, every step of the way.

Fundraising Volunteers get involved in every aspect of our fundraising, from helping at one of our events, such as marshalling, co-ordinating other volunteers, cheering at race points, selling merchandise, and much more, to research, marketing, and supporting our eBay team. There are endless ways to get involved and make a difference.

We want people with good communication skills, to work as part of a team, be non judgemental, be able to respect and treat young people as individuals regardless of ethnic origin, sexuality, disability or past behaviour. Volunteers must have the belief that everyone can grow and change and encourage and support young people to make positive changes in their lives.



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The Hub

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supported by

*Volunteer Centre Bolton is part of Bolton CVS, Registered Charity: 1003123
It is supported by Bolton Adult Services and is a member of the Volunteering
England. Our service is confidential & interviews will be conducted in private.*

*Company Ltd. By Guarantee: 2615057 Registered in England. and is located
in Bolton Town Centre. The Volunteer*

*We open to everyone regardless of race, gender, sexuality, age, health,
ability, religion, history or qualification. We can provide information about
volunteering in Urdu, Gujarati, on audio tape, large print and in Braille.*



Where to find us...

