

BOLTON COMMUNITY AND VOLUNTARY SERVICES

JUMBO

Bolton CVS



September 2010

Working together to develop a diverse strong and effective voluntary and community sector in Bolton.



20th Birthday Celebrations at Festival Hall - 1st July 2010

See pages 4 - 5 for more pictures of the celebrations





اگر آپ کو اس کتابچے کے سمجھنے میں کوئی مشکل پیش آئے تو براے مہربانی شیفتہ سے رابطہ کریں: 01204 546010

तमजे आ पीठा समज्यामां मुखेली पदती लेख तो शकीडानो 01204 546010 पर संपर्क करो.

Contents

Bolton CVS News

Bolton CVS News	2 - 3	<p>Bolton CVS Announces Reductions to Small Grants ... But Help is on the Way!</p> <p>For many years Bolton CVS has acted as a Grants Administrator on behalf of a range of statutory bodies including Bolton Council and NHS Bolton. Between 2000 and 2010 Bolton CVS has successfully administered 2025 grants with a total value of £3.4 million.</p> <p>As part of the new government's drive to address the overall financial situation in this country, reductions have been made in the amount of Area Based Grant given to Bolton Council. On 26th July, the Executive of Bolton Council took the decision on a range of proposals to reduce expenditure for this year.</p> <p>Reduction of Vision Grants Pot</p> <p>One of the proposals agreed at this meeting was a cut of £32,000 to the Vision Grants pot which provides small grants up to £3,000 for voluntary and community groups within Bolton.</p> <p>Reduction of Cleaner Greener Grants Pot</p> <p>A second proposal agreed was for a cut of £57,000 to the Creating Cleaner Greener Communities Grants pot which provides grants of £5,000 for groups working on environmental projects within Bolton.</p> <p>Karen Minnitt, Chief Executive of Bolton CVS, said:</p> <p>“The sad news is that this reduction of £89,000 in small grants will affect the smallest voluntary and community groups within Bolton who work tirelessly to provide a huge range of services to local residents and to enhance the quality of life within Bolton. We regret to inform all groups that we cannot accept any more applications for Vision Grants with immediate effect.</p> <p>The better news is that funds for other small grants do still exist. Also the post of Development Worker linked to the Cleaner Greener Grants will continue so we will be able to keep supporting groups working on environmental projects and help them to access funds from elsewhere.”</p>
20th Birthday Celebration	4 - 5	
Notice Board	6	
Group Development	7	
Sustainable Groups Project (SGP)	8	
Grants in Great Lever	9	
Funding News	10 - 13	
The BIG Bolton Fund	14	
Bolton Community Network pages 4 page section		
Successful Grants	15 - 17	
YMCA News	18 - 19	
Training News	20	
Children & Young People	21	
Health & Care Together	22 - 23	
Volunteering Matters	24 - 25	
Legal Update	26	
Who's Who at Bolton CVS	27	
		<p>Greetings for Eid and Diwali</p> <p>We hope that all our Muslim readers have a wonderful Eid on 10th September and best wishes for Diwali to our Hindu readers on 5th November.</p>

Bolton CVS News

Launch of Brand New 2010 Little Book of Funding

Helen Tomlinson, Groups Co-ordinator, said:

“In order to help groups at this difficult time we have launched a brand new 2010 edition of **a little book of funding**. This comprehensive booklet contains details of over 40 sources of funding available to local groups and it can be downloaded from the Bolton CVS website at www.boltoncvs.org.uk/bolton-cvs-publications. Please note that we cannot afford to print many of these booklets but we will ensure that groups without computers can access this vital information.”

Grants Still Available via Bolton CVS

Mark Grundy, Grants Coordinator, said:

“We also wish to reassure groups that we still have a good range of small grants available via Bolton CVS including:

Health for Bolton Grants – up to £750
Grassroots Grants – up to £5,000
Neighbourhood Grants – up to £750
Cleaner Greener Grants – up to £2,000
Breaks for Carers Grants – up to £800”

For further information about these grants please visit www.boltoncvs.org.uk/big-bolton-fund-grants or ring Bolton CVS Funding and Development Team on 01204 546010.

Business Award and the BIG Bolton Fund Endowment Challenge

Recently Bolton CVS was delighted to win the prestigious Bolton and Bury Business Award, Community Section, sponsored by O2. The award recognised work linking with the private sector to



Pictured Left to Right: Marissa Hankinson, Karen Minnitt, Award sponsor Saj Umarji of O2, and Ibrahim Ismail

encourage the development of a long term endowment fund which will be able to provide small grants for groups in Bolton forever. At the moment Bolton CVS has the opportunity to match pound for pound any donations up to a maximum of £103,000 by the end of March 2011.

Karen Minnitt said: “We know that times are very tough at the moment but if anyone feels they can help us to achieve our target of raising £103,000 then every penny is welcome!”

Our 20th Birthday Celebration

Chris Hopkinson, Chair of Vision Partnership

“I am sorry that I cannot be there to share in your 20th birthday celebrations. It is a great milestone and a feather in the cap of everyone who has given their time so selflessly over these years.

I would also like to pay tribute to the dedicated leadership of the CVS both past and present, that has steered such a steady course so that the CVS is in such great shape today.

Have a fantastic birthday!”



Councillor David Wilkinson, Deputy Leader of Liberal Democrat Group

“Birthdays are important events as it gives you the chance to reflect on what has been achieved in the past years.

In the case of Bolton CVS much has been achieved as one of the leading members of the Bolton family in helping and supporting both organisations and individuals to make a real difference in our community.

Thank you for your hard work and commitment.

I would like to wish Bolton CVS a happy 20th birthday and to wish them well for the next 20 years.”



Councillor Cliff Morris, Leader of Bolton Council

“Bolton CVS is a valued member of the Bolton Family. You have made, and continue to make, an important contribution towards the care and support of individuals and organisations in our community which I am sure will carry on for many more years to come.

Thank you for your dedication and commitment. I would like to wish Bolton CVS a very happy 20th birthday and every success for the future.”

1st July 2010, Festival Hall

Bolton CVS would like to say 'Thank You!' to everyone who attended our 20th Birthday party; it was our **BIGGEST** party ever with over 200 people filling the Festival Hall! 'Thank You!' to everyone who gave so generously to the **BIG Bolton Fund** – we collected **£350** which will double to **£700** plus Gift Aid which will help to provide grants for local groups forever! 'Thank You!' to **Arena** for the kind donation of a DVD player. 'Thank You!' to **Bolton Digital Photographic Society** for volunteering their time to capture the day through some great photographs. Visit their website at www.boltondigitalps.co.uk to view their impressive work.



Sean Harriss, Chief Executive, Bolton Council

“As a valued member of the Bolton family, Bolton CVS have and continue to play an important role in supporting individuals and organisations in local communities. CVS have been instrumental in ensuring that through the Big Bolton Fund, Bolton’s voluntary and community sector will have a sustainable source of funding that will enable local groups to continue to flourish in their communities. I would like to wish Bolton CVS a happy 20th birthday and to wish them well for the future.”

Councillor John Walsh OBE, Leader of Conservative Group

“Congratulations to all who have by their efforts made CVS into such an outstanding example of how volunteers can contribute to the life of Bolton. The new Government is committed to supporting and extending the role of charities, and social enterprise, to enable such groups to have a much greater involvement in the running of public services so I look forward to an even more exciting next 20 years for Bolton CVS.”



Kevin Curley, National Association for Voluntary and Community Action (NAVCA)

“Dear Karen, I have just heard that you are celebrating your 20th birthday this year. I would like NAVCA to be associated with the congratulations.

I have known Bolton CVS now for 7 years. Under your leadership it has moved into the top echelons of NAVCA membership. Your work is exemplary in many areas and provides a model for other NAVCA members, especially where they are led by new Chief Officers and Chairs.

I was especially pleased to see that you have gained the Quality Award. This is a demanding standard and has only been achieved so far by around 30% of NAVCA’s members. It demonstrates that you are providing high quality services to the local voluntary and community sector and representing the sector effectively.

I hope the celebration goes really well as you all look forward to 20 more years of service to the community.”

Notice Board

Crossroads Care New Location

For over 20 years Crossroads Care has been providing an invaluable service to carers in Bolton and has now moved into new premises. They are now based in the new Carers Resource, 1st floor, Thicketford House, Thicketford Road, Bolton, BL2 2LW. The telephone number remains the same: 01204 365025.

The new premises provide a larger office space and a meeting room so they can continue their cuppa days for Crossroads carers. They are based just along the corridor from Bolton Carers Support and Dementia Support and look forward to continue working with these organisations in the future.



Wanted: Crown Green Bowls, Tennis Rackets & Balls

Moss Bank Bowling Club and Johnson Fold Community Support Group are working together to encourage young people living in Johnson Fold the opportunity to use Moss Bank Park facilities such as the bowling green and tennis courts.



They would appreciate donations of crown green bowls, tennis rackets & balls that people no longer have a use for. If you have any donations please contact Barbara on 07794988968.

Attention All Youth Leaders!

Harmony Youth Project have a new and exciting opportunity for you. They are looking for Partners who would like to extend the range of facilities they offer to include:

Sound Recording	DJ'ing
Digital & Video Photography	MC'ing
Rock School	Dancing
Art & Graphics	Nail Art
Hairdressing	And more!

Including a range of fitness activities, state of the art showers and changing room.

If your organisation would like to come along to our Centre to see what we can offer your children then please telephone Charlie or Lorraine on 01204 496161 or alternatively email

lorraine_harmony@hotmail.co.uk.

www.harmonyyouthproject.com

Women's Cultural Day Fundraiser for Manchester Million Women Rise March



Date: 18th September 2010

Time: 1.30 pm - 8.00 pm

Venue: Friends Meeting House, Silverwell Street, Bolton

There will be music, dancing, food, poetry, henna, face painting, workshops and traditional dress.

Suggested donation £5 - all proceeds will go towards the Manchester Million Women Rise March on 10th October 2010 at the Castlefield Arena, 2.30 pm start.

They are also looking for women who would like to share their culture through a cultural performance, a stall, traditional clothes, etc. Please contact 07872015114 for more details or email

mwrmanchester@gmail.com.

Group Development

Developing a Business Plan for your group

A business plan helps you think through all aspects of your group and plan for the future and is a useful tool for presenting yourself to funders and supporters.

What does a Business Plan include:

- A summary of the main points of the plan and introducing your group in an appealing way.
- The background to your group detailing legal status, your aims and objectives, how long you have been established, how you are managed and your achievements.
- A brief outline of services offered by your group including evidence of need, such as research, reports or feedback from the users of your service.
- Aims and objectives: an example of an aim might be "To increase understanding of the lives of disabled people through the media of art, drama and training". Objectives are the things you will do to meet these aims, for example, "To produce performances based on the lives and experiences of disabled people".
- A work plan which details each of the tasks outlined in your objectives - when will they be done and who will do them?
- Budget and cashflow forecast including accurate costings. A three year budget is usual with all the predicted income and outgoings.
- Promotion and Publicity Plan which details how you will advertise and promote your services.
- Management: who will have responsibility for what? If the plan is for a specific project you may want to include job descriptions of the new roles.
- Monitoring and evaluation to measure the success of the group or project.

The best business plans are joint efforts, carried out in consultation with volunteers, members, staff and other interested partners. A plan will work best with the input and support of the people who will be expected to make it happen!

If your group needs help to develop a business plan, call the Funding and Development Team on 01204 546010.

Do you know what the Chair, Secretary and Treasurer really do?

Here is your chance to find out! Come along to the Roles and Responsibilities training here at Bolton CVS ... not only will you be learning about the roles and responsibilities of the management committee but also about how to prepare for and run effective meetings.

The training is being held at the Bolton Hub on 3rd November 2010 from 10 am to 4 pm. To book your place, simply phone Bolton CVS on 01204 546010.

Sustainable Groups Project

First Steps in Representing your Community

In June, the Sustainable Groups Project, in partnership with Bolton YMCA and Bolton Multi-cultural Integration Group, held a training workshop for refugee community groups focusing on representation. The workshop explored people's experiences of representation, some of the barriers they faced and things that would have helped. We also looked at what skills you may need to represent your community and the many ways in which groups can feed back information to their members.

Krys Stankiewicz from Polacy Duzi I Mali gave a very informative presentation about his experiences of representing the Polish community in Bolton and some useful hints and tips on advocating on behalf of people.



Krys Stankiewicz from Polacy Duzi I Mali giving his presentation.

To receive a copy of the workshop report, please contact Helen Tomlinson on 01204 546017 or email helen@boltoncvs.org.uk.

Refugees into Teaching

Refugee Council is encouraging people to get involved in their project, Refugees into Teaching. It is a national project providing support and advice for refugee teachers. The scheme works with a range of schools and other organisations to support refugees' access into training, events, work placements and employment.

Refugees into Teaching offers a range of services including:

- A central place for information on routes into teaching
- Free assessment of overseas qualifications
- Specialist advice and guidance
- Mentoring
- A variety of events

To find out more information and to register, visit: www.refugeesintoteaching.org.uk.

Grants in Great Lever

Bolton CVS has been working in partnership with Bolton Council to run a small grants programme in the Great Lever area since 2003. Here is an update about some of the activities that have taken place in the last 12 months.

Bolton Cricket Club Bowling Section had a grant for a fence which means their bowling green is now secure, significantly reducing the damage done to the grass at times when nobody is at the club. New and existing members come to the club for exercise and to meet other local people and are now confident their grass will be in a good condition.

Sunnyside After-school Club hold weekly afterschool activities at the Sunnyside Community Centre including arts and crafts, sports and games, cookery, health education, as well as local walks and trips out. These have given children positive activities to be involved with and help them socialise with others and develop friendships in a safe environment. The activities have had health benefits, helping children know that healthy food can be fun and encouraging them to learn the basic skills needed to prepare it, as well as allowing them to take part in organised sports and other active games.

Roseneath Area Residents Association organised a Christmas event which encouraged local people to get to know other residents. This year around 20 people attended who have never been to resident association events before. Children enjoyed meeting Father Christmas and older people appreciated receiving a food voucher which helped out at an expensive time of year.

Deane and Derby Cricket Club on Chelsea Road held an open day to encourage more local people to get involved there. Following this, they have had 14 new junior members.

Bolton Community Association supported people from the Great Lever area with job searches and developing their IT skills through regular drop ins at the Nightingale Centre. There have also been regular ESOL classes where participants have developed their language skills. This has helped people of all ages be more employable and active in their search for employment.



Left: Jim and George from Bolton Cricket Club Bowling Section

Right: Young people at the Deane and Derby Cricket Club

Grants for activities in Great Lever and other neighbourhood grants continue to be available through the BIG Bolton Fund. Please check our website www.boltoncvs.org.uk or contact Bolton CVS for more details on 01204 546010.

Christmas Activities: It may seem a while off but Christmas will be here before you know it. Please be advised if you are hoping to get a grant for a Christmas activity, you should submit your application to Bolton CVS by 30th September 2010 to ensure that it is processed in time.

Funding News

Opportunities to learn more about funding at Bolton CVS

The Funding & Development Team at Bolton CVS is committed to providing information to voluntary and community organisations about sources of funding, the skills to complete application forms effectively and to help them manage their funding. Some of the services we offer are detailed below.

Funding Forum— 9th September 2010, 10.00 am to 12 noon

This Forum provides the opportunity to learn about the most up to date sources of funding available and gives groups the chance to meet funders, meet each other and to learn from each other, and to meet the staff behind the scenes! For more information please contact Helen Tomlinson on 01204 546017 or visit www.boltoncvs.org.uk/funding-forum.

Support Sessions

If you have a project in mind and are looking for funding sources or need support with an application form then book a support session. Support sessions are held on Tuesdays from 10 am to 1 pm and 5 pm to 7 pm. Book your session by phoning 01204 546010.

Appcheck

If you have completed an application form and would like it checked by a member of the Funding and Development Team, then email it to appcheck@boltoncvs.org.uk and we will have a look at it and send you any pointers within a week.

If you have any ideas about how we can make our services more accessible then please come along to the Funding Forum. We will be very happy to hear from you.

Grants administered by Bolton CVS

Small Grants—up to £5000 is available within one financial year. Grants will enable organisations to produce benefits for people in Bolton based on one or more of the following themes: healthy lifestyles, learning and skill development, increased employability, safer communities, stronger communities, and cleaner and greener communities.

Creating Cleaner Greener Communities—grants of **£2000** are available for projects that physically benefit the local environment. Projects must be visible to the public, have support from and involve the local community. The criteria has been changed from previous years so please read the guidelines carefully to make sure that your project is eligible. This grant focuses on projects in the Neighbourhood Management Target Areas.

For both of the above, applications are assessed monthly by Volunteer Grant Assessors. Applications must be submitted to Bolton CVS by the last day of each month. For more details go to www.boltoncvs.org.uk/big-bolton-fund-grants or phone 01204 546010.

We apologise to any groups that applied to the Cleaner Greener grants in June and July whilst we awaited information from the Funders. Funding has now been confirmed, however, cuts have been made by the Funders and grants have been reduced to £2000 to enable more groups to benefit.

Funding News

Cutswatch.org.uk

This website has been set up to provide guidance and support to third sector organisations through public spending cuts. The site aims to provide up-to-date news, case studies, guides and information on how to positively deal with spending cuts, along with links to useful events and services.

Knowhownonprofit.org

This is a website that provides practical information and resources to help you with your work covering topics as diverse as managing volunteers, commissioning and procurement, and setting up a charity shop. There are discussion forums available to discuss any problems you may have or perhaps you may be able to answer someone else's query.

Only Connect

This bursary enables third sector organisations to visit other voluntary and community organisations to learn about their experiences and the key issues to consider when generating earned income. The bursary will cover the expenses incurred visiting another organisation up to £150; and a further £200 will be paid to the host organisation as a consultation fee. Bursaries are awarded every three months with the next deadline on 10th September 2010. For further information go to www.ncvo-vol.org.uk/onlyconnect.

Go and See Bursaries

These bursaries are provided by a-n The Artists Information Company. They are aimed at artists' groups and networks active in the UK or elsewhere. The bursaries are intended to support and facilitate new projects and engagement between artistic organisations. Eligible groups must comprise of two or more artists working together; ensure that at least 10% of their members are current subscribers to a-n The Artist's Information Company; and be applying for research and development of a project. All applications must be sent by email. The next deadline is 1st December 2010. For more information go to www.a-n.co.uk/nan.

Lady Neville Charity

One-off grants of up to £1000 are available to small registered companies and not-for-profit organisations. The priority areas are Disability—activities which provide opportunities to people of any age with physical or mental disabilities; Local Heritage—projects which help local groups to conserve and restore their landmarks, landscape, traditions and culture; Local Community—projects which are involved in improving the facilities or quality of life for people in a deprived neighbourhood; and Performing & Visual Arts—a particular activity in any field of this area. You can discuss a project with the Charities Administrator on 020 7213 0562 or email charitiesadmin@skinners.co.uk. To download the application form and guidelines go to www.skinnershall.co.uk/charities/lady-neville-charity.

Provincial Insurance Company Trust for Bolton and David Walsh Charity

Up to £1000 is available to community and voluntary groups based in Bolton. Examples of projects include outings, dance classes and children's activities. The beneficiaries of projects must live in Bolton. The next Trustee's meeting is in October 2010 and the deadline for applications is 25th September. Contact Mrs Riley on 01257 268358 or write to Taylors Farm, Back Lane, Heath Charnock, Chorley PR6 9DN for more information.

Funding News

Cash For Kids—Greater Manchester, Macclesfield and Warrington

Grants of up to £2500 are available for projects that benefit disadvantaged and disabled children based in the Key 103/Magic 1152 broadcast areas. Local voluntary and community groups and registered charities can apply. Examples of projects include out of school clubs, educational support, sports, arts and recreation, play schemes, activities that have an impact on youth nuisance and youth crime. The next deadline is 30th September 2010. For further information phone 0161 288 5066 or email emma.brown@key103.co.uk or go to www.key103.co.uk.

GMPTe Travel Grants

GMPTe grants help meet the needs of older or disabled people who have serious mobility difficulties and find it difficult to use ordinary public transport. Two grants are available:

Small Travel Grants are for voluntary organisations of older or disabled people or for voluntary organisations that stage events which are likely to attract significant numbers of older or disabled people. The trip must be a special one-off occasion. Up to £150 is available and must be used to pay for transport.

Public Transport Access Grants are available to voluntary organisations for projects that will enable disabled people to make better use of public transport. Grants are available of a few hundred to several thousand pounds, subject to budget.

There are no deadlines for application. For the Small Travel Grants phone 0161 244 1266 for more details and for the Public Access Transport Grants phone 0161 242 6243; and for both grants go to www.gmpte.com.

Allen Lane Foundation

The Foundation is interested in funding work that benefits people in the following groups, or generalist work which includes significant numbers from more than one group: asylum seekers and refugees; gay, lesbian or transgender people; gypsies and travellers; migrant workers; offenders and ex-offenders; older people; people experiencing mental health problems; people experiencing violence or abuse. Grants are available between £500 and £15,000. Grants repeated for more than one year vary from between £500 per annum up to £5000 per annum for a maximum of three years. There is a two stage application process and applications take between two to six months to process fully. For more information phone 01904 613223 or go to www.allenlane.org.uk.

Comic Relief—Cycle 4

Registered charities and voluntary organisations (including social enterprises and community interest companies) can apply for grants between £25,000 and £40,000. The programme aims to bring about positive and lasting change in the lives of disadvantaged people by investing in work that addresses people's immediate needs. Grants are available to cover running or capital costs of organisations or projects under the following programmes: mental health, domestic and sexual abuse, refugee and asylum seeking women, sexually exploited and trafficked young people, young people and alcohol, young people with mental health problems, local communities. The deadline is 17th September. For more information phone 020 7820 5555, email ukgrants@comicrelief.com or go to www.comicrelief.com.

Funding News

Zochonis Charitable Trust

Grants are available to registered charities in Greater Manchester and North West England. Grants of between £500 and £125,000 are available though most grants awarded are smaller amounts averaging £20,000. The Trust will fund revenue and capital. The application process is ongoing and applicants can apply at any time in writing. For further information on how to apply phone 0161 435 1005 or send a letter with a brief description of your charity and the reason you are requesting a donation. Enclose a copy of your latest report and accounts and a list of your charity's Trustees. If you meet the criteria of the Trust, you may be considered for a grant. The address to write to is Zochonis Charitable Trust, Manchester Business Park, 3500 Aviator Way, Manchester M22 5TG, for the attention of Mr M E Gallagher.

Lloyds TSB Foundation

The Foundation is keen to hear from registered charities across Bolton who can show how their work is making a difference to the lives of disadvantaged people, and helping them to play a fuller role in the community. If you are interested in learning more, please visit the Foundation's website at www.lloydstsbfoundation.org.uk and register your enquiry; and once you fill in a short eligibility questionnaire, and your charity appears to be eligible, your details will be passed to **Yvonne Taylor**, the Grant Manager for Lancashire & North Manchester. Yvonne will then contact you for a chat about your request for funding to see if it is something that the Foundation could potentially support. Yvonne is particularly interested to speak to charities that support ex-prisoners and those with addiction issues. The average grant size will be around £20,000 in 2010 but grants are made appropriate to the size and needs of the charity. Funding is available for core costs, including salaries and rent, as well as project costs. Charities must be targeting disadvantaged people and must be able to show that their work makes a difference, so they will need to have appropriate monitoring systems in place. You can also call Yvonne on 07734 973 464.

Top Tips for Funding

There is a lot of competition for grant making trusts and other organisations at the moment so your applications need to be at the top of the pile to be in for the greatest chance of success. The top reasons for applications **not** being funded are:

- Poor planning of project
- Badly written application form—either incomplete or lacking sufficient information
- Lack of SMART outcomes (specific, measurable, achievable, realistic, timely)
- Not eligible for the funding applied for
- Lack of identified need
- Insufficient evidence of consultation
- Poor costings/budgets
- Missing supporting documents

Make sure that **your** application is the best and avoid the above mistakes. If you need any support in putting an application together, or just need someone to read your application, then book a Support Session at Bolton CVS or email it to our Application Check service.

Remember, we are here to help you!

The BIG Bolton Fund

NCP forge partnership with The BIG Bolton Fund

This year, NCP has opened two brand new multi-storey car parks based on Topp Way and Deane Road in Bolton as part of a joint agreement with Bolton Council.



We are delighted with the support of NCP, 10p from every customer will be donated to The BIG Bolton Fund. It is a win-win situation for both NCP and The BIG Bolton Fund and we want to encourage the public to utilise the fantastic car parks that NCP provides. It is hoped that £3000 will be raised over a 12 month period through the donation scheme from every cash paying customer visiting the NCP Topp Way Car Park and with match funding available from the Government this could increase to £6000. The money raised will be placed into The BIG Bolton Fund which will then allow us to sustain small grant-giving to community groups throughout Bolton.

Thank you Tower FM

A huge thank you to Tower FM for all their support in The BIG Bolton Fund's Get Stripped for Charity Campaign that ran throughout the World Cup. Marissa Hankinson went along to receive a cheque from Brooksy, one half of Tower FM's breakfast duo, for over £1250 which was Tower FM's donation to the Fund which will be doubled by match funding.



Arena Group's cash pledge for The BIG Bolton Fund

Over the next year the Arena Group's Bolton office is pledging to donate thousands of pounds to the Big Bolton Fund, the local charity that provides grants for community and voluntary groups.

Arena specialise in helping businesses reduce costs, meet environmental targets and operate more efficiently by providing print and copy equipment, electronic document management and alternative IT systems.

Over the next 12 months, as Arena helps businesses, schools and local organisations to save money on their printing, copying and electrical consumption, they will be looking to hit a £5000 target for the Big Bolton Fund.

Arena's area sales manager, Gary Putson, says, "Every time a business buys a copier or printer from Arena, we will donate £50 to The Big Bolton Fund. And we aim to make that a £5000 total over the next year to assist the Fund with the grants it awards to local groups and organisations."

Successful Grants

Small Grants Programme

The following grants were available to community and voluntary groups in Bolton.

Grassroots Grants The purpose of the grant is to provide a resource that will enable people to make a real difference in their communities. Grants of up to £5000 were available to groups with an income of less than £30,000.

Bolton Vision Grants are funded by Bolton's Local Strategic Partnership to enable community groups to narrow the gap on inequalities that exist in our town. Grants were available for up to £3000.

Neighbourhood Grants of up to £500 are available for organisations based or working in Bolton's most deprived areas to tackle issues that are important to the local community.

Health for Bolton grants were available for up to £500 to help groups provide activities that improve physical health, mental health or both for people in Bolton.

Successful Small Grants Applications June 2010

Name of Group	Reason for Application	Amount
All Star Roller Skating Club	Costs towards roller skates and room hire for young people's skating club.	£1842.00
Beacon Bolton Counselling Service	Running costs of project providing counselling service to people living in Bolton.	£3000.00
Bolton Central Baptist Church	Towards purchase of lawn mower for local church in Halliwell.	£750.00
Bolton Field Naturalists Society	Running costs of natural history group in Bolton.	£1047.00
Bolton Mountain Rescue Team	Cost towards replacement of existing response vehicles.	£3000.00
Choices Youth Support Group	To run a training project for families from Great Lever and Farnworth to help them gain skills for employment.	£1500.00
Creative Youth	To deliver a music project based in Tonge for young people involving parents/carers.	£3478.70
Farnworth & District Local History Society	Christmas dinner and costs for trips to local historical sights in the Northwest.	£750.00
Eldon Street Residents' Association	Costs towards trips for local families and older people living in the Tonge area.	£750.00
Fighting Fit	To continue group's activities of football and swimming sessions for adults.	£1200.00
Firwood & Moorfield Estates Residents' Association	Trips for local residents living in Tonge Moor.	£4070.00

Successful Grants

... Continued Successful Small Grants Applications June 2010

Fairtrade In Bolton	Cost towards delivering a project in schools in Bolton to encourage teaching of Fairtrade related topics across the curriculum.	£5000.00
Happy Carers	Costs towards regular meetings for carers of elderly people in Bolton.	£971.56
JIGSAW	Running costs of support group for stroke survivors and their carers.	£1735.40
Kirkwall Residents' Association	Running costs of local residents' group in Tonge.	£500.00
Oldhams UCAN Management Committee	Costs towards holding a Family Fun Day for the local community in Astley Bridge and surrounding areas.	£2142.75
Paws For Kids	To continue providing drop in/group work support sessions for families recovering from domestic violence in Bolton.	£2995.00
Sunnyside Residents' Association	Towards running costs of group supporting people residing in the Great Lever area.	£750.00
Westhoughton Local History Group	Costs for equipment for centenary event commemorating a mining disaster which occurred in Bolton.	£3000.00
Young Onset Group Associates	Insurance for group supporting people with early onset dementia in Bolton.	£240.33
Senior Club - Crafty Corner	Costs to run arts and crafts sessions for older people's support group in Stoneclough.	£3278.00
		£42,000.74

Successful Small Grants Applications July 2010

Bolton & District Model Railway Club	Costs of building and developing a new gauge model railway layout for use by railway modelling club and at exhibitions.	£1500.00
Bolton Baseball Club	Costs towards fencing around baseball field.	£2500.00
Bolton Bullets Powerchair Football Club	Costs towards transport to participate in the national wheelchair football tournament.	£1500.00
Bolton Fibromyalgia Support Group	Running costs of fibromyalgia self help group based in Broughton.	£1390.00
Bolton FM 96.5 Community Radio Station	Staff and volunteer expenses for Bolton community radio station.	£2125.00
Bolton Horn of Africa Centre	Running costs of projects of African refugee group in Rumworth.	£2200.00
Bolton Literacy Trust	Running costs of community learning project in Great Lever.	£2875.00

Successful Grants

... Continued Successful Small Grants Applications July 2010

Bolton Majorettes	Costs towards entrance tickets for Championship event.	£850.00
Chimera Explorer Unit	Equipment and resources for scout group in Farnworth.	£3000.00
Deane Scouts & Guides Supporters Association	Costs towards centenary celebration event for guide group in Rumworth.	£947.18
Bolton Wanderers Community Trust	Costs towards delivering sport sessions and tournaments for young people in schools.	£3000.00
Deepdale Residents' Association	Theatre trip and costs towards fun day for local residents in Brightmet.	£483.50
Farnworth & Walkden Band	Transport costs to National Band Finals.	£750.00
Halliwell Befriending Service	To increase drop in sessions for isolated elderly people in Halliwell.	£210.00
Kids 4 Kids Farnworth	Running costs and resources for children's dance and drama group in Farnworth.	£3137.12
King's Church Bolton	Costs towards trips for families and children in Bolton.	£1320.00
Moss Bank Park Veterans' Club	Cost towards awning for bowling club including Christmas celebration meal.	£1862.50
Nixon Triangle Residents' Association	Refurbishment of children's play area for local residents in Rumworth.	£833.76
Sharples Wrestling Club	To deliver holiday sports clubs in Crompton for young people.	£1750.00
St Catherine's Church Friendly Hour	Transport costs for trip for elderly people's group in Farnworth.	£350.00
St George's Centre (Bolton)	Training costs for counselling service for adults based in Bolton town centre.	£750.00
St Matthew's Coffee Shop	Costs towards Christmas celebrations for social group in Little Lever.	£833.04
St Paul's Church Community Group	Costs towards improving toilet facilities of community church in Crompton.	£4000.00
Westhoughton Age Support Project	Costs towards trip for elderly people in Washacre.	£750.00
Westhoughton United Reformed Church	Costs towards fitting a window serving hatch, extractor fan and loop system in community church in Westhoughton.	£1727.66
New Bury Community Centre Youth Group	Costs towards cycling and walking camping trip for young people in Farnworth.	£921.00
Sunnyside Residents' Association	Running costs of group and trips for families and older people residing in the Great Lever area.	£1250.00
		£42,815.76

YMCA News

125th Anniversary Reunion!

Last year marked 125 years of the YMCA in Bolton and they marked the anniversary year with a number of special events.

This year however, as a tribute and a way to give generations of YMCA members a chance to meet each other and share memories, they held an Anniversary Reunion evening on 11th June 2010. The event featured guest speaker, Mr Phillip Glanville (former YMCA Chief Executive), a buffet, a presentation from the Youth Council and also a large memorabilia exhibition.

The event was a great success allowing members to meet one another and share past experiences. Some members even rekindled old friendships. The exhibition was greatly received by members; everyone having a look at the history of the YMCA across 125 years. The exhibition ranged from 1884 to 2010. The exhibition itself will also be shown as an exhibit in Bolton Library after 29th July.



Anniversary cake kindly donated by Greenhough's Bakery



125th Anniversary Reunion - Members who attended doing the "Y"

Volunteers Wanted

Bolton YMCA offers a large range of volunteer work and learning opportunities, mainly aimed at young people to help them find their way into employment or further education.

They help them develop their skills, gain valuable experience and basic accreditation; resulting in increased self confidence and better job prospects.

If you would like to support the work of Bolton YMCA by volunteering your skills or would like to develop skills in the following areas they would love to hear from you.

Working with children & young people
IT training
Marketing
Reception duties

Admin & office skills
Retail & business development
Fundraising

Contact 01204 522855 for more information.

YMCA News

YMCA Exhibition: Celebrating 125 Years in Bolton

Bolton YMCA recently celebrated 125 years of service in Bolton. To mark this great achievement the YMCA held a reunion evening on 11th June, involving a great exhibition ranging from 1884 to 2010.

The exhibition itself has just recently been opened to the public by The Mayor of Bolton. The YMCA held a ribbon cutting and a tour of the building for the Mayor as well as a buffet. YMCA staff and volunteers also helped show what the YMCA does in and around Bolton and their own views on how they help young people and the community.

Each Tuesday and Thursday from 4.00 pm til 7.00 pm the exhibition was open to the public for free. Bolton YMCA invited everyone to come and take a look at the heritage the modern Bolton YMCA has behind it.

Contact 01204 522855 for more information and if you have any pictures or memorabilia.



Room Hire at the Bolton YMCA

Bolton YMCA have a number of versatile spaces to suit your group's needs and provide a venue for training, whether it be informal or formal, and workshops or accredited learning for adults and young people.

The YMCA's convenient location in the town centre of Bolton is close to rail, bus and road links with several car parks nearby.

Their staff team are committed to providing friendly service and we can offer flexible hourly rates to suit your budget, with discounts for charities and small community groups. Rooms are available to hire during daytimes, evenings and weekends for one off events or regular meetings. The YMCA is a non smoking and accessible building. The YMCA has wireless broadband throughout the centre and is a registered UK online centre.



Contact Bolton YMCA

125 Deansgate, Bolton, BL1 1HA
01204 522855
www.boltonymca.co.uk

Helping Young
People in Bolton



Training News

iLearn project update

The iLearn project was formally launched in February and since then over 50 members of the voluntary and community sector across Greater Manchester have expressed an interest in taking some part in the project.



Offering a range of informal learning opportunities to both volunteers and paid workers, iLearn represents a great way of improving the skill base of the sector at little or no cost to either the individuals or the organisations involved.

iLearn encourages people to look at their own learning needs and then offers solutions to those needs through peer to peer support. Work shadowing, mentoring or coaching can be arranged through iLearn so that the learning needs of individuals can be met through personal contact.

Group learning through problem solving can also be arranged through iLearn. Also known as Action Learning Sets, solutions to work based issues are offered by colleagues to colleagues ...

“The support and facilitation we have had for our Action Learning Set from iLearn has been excellent. We have covered varied issues from clear communication to good practice in engaging groups and have developed some excellent solutions as a group. We would thoroughly recommend Action Learning as a tool.” Saskia Ritchie, Funding and Development Manager, Bolton CVS.

iLearn has also been developing the pool of coaches available within Greater Manchester by offering an ILM accredited level 3 coaching course. Demand for this course has been high and a second tranche of potential coaches are currently signing up for the next course which will start in September.

Anyone wishing to learn more about iLearn can contact Stuart Vaughan at T3SC on 0161 339 4985, or via email at stuart.vaughan@t3sc.org. Alternatively visit the iLearn website at www.qmvss.net/iLearn.

Take your funding to new levels ...

The Funding & Development Team are offering training which focuses on helping groups apply for and monitor their funding. Book now to avoid disappointment – phone 01204 546010. More details are found in the Training Diary.

Filling In the Forms – 23rd September 2010, 10 am to 12.30 pm

Helen Tomlinson and Sharon Bolus

Get your application to the top of the pile! Includes top tips on making your application shine above the rest!

Introducing Outcomes – 30th September 2010, 10 am to 4 pm

Kairen Smith and Claire Davies

Recommended for groups applying for bigger grants such as Big Lottery, Children In Need, Comic Relief, who are all outcomes-focused funders!

Completing Monitoring - 2nd November 2010, 10 am to 1 pm

Mark Grundy and Kairen Smith

Save time and learn how to monitor your grant from the beginning and how to evaluate and report back what a difference it has made to your community!

Children and Young People

Hi again. At the last strategic forum meeting, held on Friday 9th July 2010, informative presentations were given by Sue Delvin from Bolton Local Authority about the new Local Directory for Bolton, and Dave Packwood from VCS Engage about the opportunities and challenges for the third sector at the moment.



Sue's presentation provided an overview of how the new directory of services aims to provide a single point of information regarding all services available in Bolton. The directory is web based and so information on it can be easily updated and maintained, avoiding hard copy information quickly becoming out of date. Users wanting to find information and services can select from a range of topics such as Families, Things to do, Childcare, Education and learning etc which will lead them to what's available. The directory will be owned and maintained by current providers and it is intended that all third sector services will input the information on there about the services that they provide.

Training is currently being rolled out for those providers who want to set up an account and for further information you can email Strategic.Forum@birtenshaw.org.uk.

The strategic forum is also working with third sector providers for under 5s services to review how they are included in the strategic group for children and young people's services. Many of the members of the strategic forum primarily offer services to young people and the involvement of the providers of under 5s services is very much welcomed. For more information about where this is up to or if you are a provider of a third sector service for under 5s and would want to be involved, then please contact the forum.

Don't forget the website is now up and running, so even if you can't attend the meetings visit the website to keep yourself up to date with what's going on at www.bolton3cyp.org.uk.

If you have any questions about the work of the forum or want to know how you can become more actively involved, you can either contact The Chair, David Reid, at david.reid@birtenshaw.org.uk, or the Vice Chair, Inayat Omarji, at info@bcom.org.

If you wish for me to add anything in the next edition of Jumbo relating to children and young people's services or developments in the sector, please email me at sarah.tootell@actionforchildren.org.uk.





Health & Care Together



NHS Bolton seeks views on health

Residents across Bolton are being asked their views on local health and wellbeing. NHS Bolton, which is the borough's local primary care trust (PCT), is asking residents to provide answers that will shape services for the future.

The information provided will allow the organisation to better understand people's health and how they use NHS services in Bolton. Previous health surveys, which took place in 2001 and 2007, had excellent response rates and helped the PCT make decisions that specifically addressed the needs of local people.

Voluntary sector organisations are valuable partners, delivering services that help to improve health. Reports from the survey, which will be useful for identifying health needs of potential service users and potentially identifying new areas where people could benefit from particular services, will be available to the voluntary sector.

The survey asks about a variety of health topics, including caring, emotional health, and long term illnesses, so will be useful for a wide range of organisations. Results of the survey will be available next year.

One-in-ten adults in Bolton will receive the survey, which asks about various areas of health and wellbeing, including: the use of health services, diet, smoking, and experience of ill-health. These people have been randomly chosen from a list of residents who are registered with a Bolton GP. The survey should take around 15 minutes to complete, and answers will be treated carefully, in accordance with data protection laws, and kept strictly confidential.

If anyone who has received a survey approaches a voluntary organisation for help completing the survey, such as reading questions for them, this will be fine. A helpline is available for people who have received the survey, this can be contacted by calling 01204 462158, or emailing bolton.healthsurvey@nhs.net.

For more information about the survey and how the data is used, visit www.bolton.nhs.uk.

Work smart, work safe - combating violence against care staff

Violence against social care staff remains a major concern and it's a difficult area for employers and individuals to address. Skills for Care has produced posters and work smart, work safe guides that offer simple practical advice on risk management to avoid violent situations at work.

There are two versions of the guide available:

1. A guide for employers of all types and sizes, which is designed to help employers meet their responsibilities in a practical way.
2. A guide for staff and volunteers, which identifies key responsibilities and highlights ways to reduce the risk.

There are also examples of policies, procedures, training and approaches to dealing with incidents on our national website - www.skillsforcare.org.uk/combatingviolence.

To order your supply of guides and posters please email catherine.wilson@skillsforcare.org.uk stating the approximate numbers you require.



Health & Care Together



Equality Target Action Groups: Focus on Religion and Belief

The group was part of a pilot training scheme aimed at raising the awareness of some of the managers within NHS Bolton. The day was coordinated by Bolton Interfaith Council. There was a visit to a Mosque, a Hindu Temple and a Christian Church. At the end of a very informative tour there was the opportunity to ask questions to the different faith representatives.

The group has also been looking at information that is available for staff and patients about different faiths, traditions and beliefs and hopes to produce a fact sheet which will include definitions of the words Faith, Spirituality and Religion.

If you would like to get involved in any of the Equality Target Action Groups contact Carol Hayden on 01204 546054 or email carolh@boltoncvs.org.uk.

Practices Unite to Improve Services

Seven GP practices in Bolton have joined together as a single practice with the aim of raising standards of care and service for their patients. The new practice will retain all seven locations to give patients the choice of where to attend for appointments.

The seven practices are those which are directly managed by NHS Bolton, the local Primary Care Trust, rather than being independent contractors like most GP practices. They are the Astley Brook practice based at Waters Meeting Health Centre, the Avondale PCT practice at Avondale Health Centre, the Derby Practice at Pikes Lane Health Centre, the Great Lever PCT Practice at Great Lever Health Centre, the Ladybridge Practice on Broadgate, the Little Lever PCT Practice at Little Lever Health Centre and Market Surgery in Horwich.

The new integrated practice won't have practice boundaries and will care for patients from anywhere in Bolton. The practice's clinical computer system is now merged so existing patients can attend any site, and may attend different sites at different times.

The practice will be open late every evening and on Saturday mornings at its Waters Meeting Health Centre site, and will work closely with NHS Bolton's GP out of hours service to ensure round-the-clock care when it is closed.

The E Card (The Emergency Information Card)

The E Card is an information card which provides clear details quickly to emergency services.

The E Card can have important information on it such as:

- The person's name and a space for a passport size photo which is optional which can be a double reassurance that the card belongs to the carrier.
- Details of next of kin or contact person.
- Medical information (eg I have a learning disability, I have an acquired brain injury or I have diabetes etc).
- Useful information such as what a person may need to help them in an emergency for example communication aid, British Sign Language etc.



For more information call 0161 856 2206 or email diversity@gmp.police.uk.

Volunteering Matters



Contact Details:

The Bolton Hub

Bolton

BL1 1LS

Tel: 01204 546060 Fax: 01204 546061

Email: admin@boltonvolunteering.org.uk

Website: www.boltoncvs.org.uk/volunteer-centre

A Fond Farewell

After 12 years with the Volunteer Centre Peter Sloan is leaving as coordinator.

“I have had such a happy time working for Bolton CVS over the years. I hope I’ve developed the Volunteer Centre over that time, from the Volunteer Bureau as it then was to a thriving Centre that helps and inspires people to volunteer.

For me, volunteering isn’t the end result, it’s just the beginning of that extraordinary journey of discovery through which people are able to see what they are capable of, achieve their aspirations and ultimately change their lives.

I also hope I’ve helped groups and organisations that use volunteers to recruit, manage and support them effectively.

I hope you will still see me around. One of my aims is to pursue a passion I have for training. I hope to be delivering training about volunteer management but also around confidence building and personal development. One thing the last twelve years has brought home to me is how so many fail to recognise what they are capable of. I want to unlock that capability.”

Heather Potter, who has been job sharing the post for several years will be taking over as the Centre Coordinator.



Above: Peter speaking at the recent Bolton CVS 20th Birthday Celebration.

Vschools programme cut

News of a programme that is an early casualty of the spending cuts. The Department of Further Education has withdrawn its funding for the vschools programme. The programme was aimed at school children in years 9 and 10. Many already enjoy giving their time to their school or community, learning new skills, gaining experience and having fun. The vschools programme sought to build on that enthusiasm by enhancing existing community action opportunities in schools and helping to create new projects to inspire students to lead positive change.

Paul Hodson, our local vschools coordinator, will be missed. He had forged links with schools and community over the past three months and had seen the immense value and promise the vschools programme offered.

Volunteering Matters

Can you help Bolton University?

The University has Year 2 Community Health & Wellbeing degree students who need opportunities to fulfil their learning whilst gaining practical experience. Students will be supervised and are well versed re Health & Safety, Equal Opportunities, Confidentiality & Data Protection issues. Students have CRB disclosures. If you wish to know more please email Denise, Course Leader, at dq4@bolton.ac.uk.

The Big Society

"It's time for something different, something bold - something that doesn't just pour money down the throat of wasteful, top-down government schemes. The Big Society is that something different and bold. It's about saying if we want real change for the long term, we need people to come together and work together - because we're all in this together." David Cameron.

Hot on the heels of the announcement about The Big Society, David Cameron spoke of the plans for 16 year olds to take part in **National Citizen Service**. The scheme aims to give every 16 year old the chance to learn new skills that will help them to make a positive contribution to their community.

Justin Davis Smith, Chief Executive of Volunteering England, commented: "Volunteering England welcomes the National Citizen Service as an exciting way to encourage young people to become positively involved in community activities. To get a great quality experience for young people and inspire them to carry on volunteering throughout their lives, the activities must be fully resourced. There is a wealth of experience to draw on about how to mobilise and manage volunteers, and we urge the pilot schemes to adopt the good practice that volunteering organisations have developed."

Your views and opinions are needed

Voluntary, community and social enterprise organisations are being asked to share their innovative ideas of how things can be done more efficiently. Ideas and examples from the sector can be posted on the Cabinet Office website haveyoursay.cabinetoffice.gov.uk or email sectorchallenge@cabinet-office.x.gsi.gov.uk.

Minister for Civil Society, Nick Hurd, said: "**We know that it is local people and organisations on the ground that often know what needs changing and we want to tap into their knowledge and experience to help us identify ways of doing things better and more efficiently so we can do more for less.**"

Volunteering Forum Meeting

Our next Forum meeting is on Monday 27th September 2010 from 12.30 pm to 3.00 pm at The Bolton Hub.

This is always a vibrant and exciting opportunity to learn and express your views and opinions on all matters concerning volunteering.

To book your place please contact Shahanaz on 01204 546060.

Legal Update

Get Legal

Get Legal is a new, free online reference and decision-making tool for charities, social enterprises and co-operative organisations.



Get Legal has been developed by NCVO, with support from law firm Bates, Wells and Braithwaite (BWB), to enable organisations and their advisors to access clear information and guidance on the most appropriate legal form and governance structure for delivering their goals. The site also includes a useful resource centre with a glossary of legal terms and links to documents and publications. Visit www.getlegal.org.uk.

Updated Charity Commission Guidance on Fundraising

On 24th June 2010, the Charity Commission issued an updated version of CC20 Charities and Fundraising, covering legal requirements for specific types of fundraising such as lotteries, public collections and disaster appeals, and general requirements such as taxation, issues to consider before launching an appeal or undertaking a specific type of fundraising, and risk management. You can read CC20 online or download it as a PDF at www.charity-commission.gov.uk/publications/cc20.aspx?

Dealing with cuts in public sector funding

Several organisations have created websites devoted specifically to cuts and their impact:

NCVO's Coping with cuts: www.ncvo-vol.org.uk/advice-support/coping-with-cuts

Compact Voice's Sector cuts and the Compact: www.compactvoice.org.uk/cuts

ACEVO's Cuts watch: www.cutswatch.org.uk.

The Coalition and the third sector: A policy analysis published by Bates Wells & Braithwaite (BWB) on 8th July 2010, sets cuts in their wider context. It is available online at www.bwbllp.com/Files/Updates/Coalition.pdf.

What is the Big Society?

The Big Society is the overarching concept that encompasses the Government's policies to redistribute power from the state to society; and from the centre to local communities, and to give people the opportunity to take more control over their lives.

To help increase understanding of the Big Society and what it means, NAVCA has created a Big Society website. Visit www.navca.org.uk/stratwork/big_society.htm for links to websites, blogs, interviews and more.

Bassac has published a briefing which sets out in clear and straightforward terms what the Big Society is. It highlights key pieces of Big Society policy and looks at the issues which could have an effect in either a positive or negative way.

Read this briefing online now at <http://www.bassac.org.uk/dms/documents/13/building-the-big-society-opportunity-or-threat>.

All Legal Update information is available as hard copy or Large Print versions by contacting Heather on 01204 546010 or heathero@boltoncvs.org.uk.

Who's Who at Bolton CVS

Central Management & Company Support

Chief Executive: Karen Minnitt
Operations Director: Stephen Baker
Company Administrator: Jackie Gildert

Finance & Administration

Finance Manager: Jane Rushmore
Finance Assistant: Dawn Brindle
Finance Assistant: Julie Fletcher
Admin Support Worker: Lynette Rushmore

Relief Admin Support Workers:
Caroline Arkwright, Sam Armstrong, Denise Benyon, Anne Burt, Brenda Grinstead, Chris Hayden, Pam Livesey, Anne Newton, Wendy Houghton, Kirsty Upham

Training

Training Co-ordinator: Joan Manville
Training Admin Support Worker: Safia Shahid (Maternity Leave)

Funding & Development

Funding & Development Manager: Saskia Ritchie
Development Co-ordinator: Helen Tomlinson
Development Worker: Kairen Smith
Data Management Worker: Shafiqah Ibrahim
Grants Co-ordinator: Mark Grundy
Grants Support Worker: Pat Stubbs (On Leave)
Grants Support Worker: Sharon Bolus
Grants Admin Support Worker: Sumaiya Kazi

You can email any of the staff using their first name:

Sumaiya@boltoncvs.org.uk

Bolton Community Network

Community Network and Partnerships Manager: Carol Latham
Community Engagement Co-ordinator (Neighbourhood Renewal): Michael Carroll
Community Engagement Co-ordinator (Health): Sarah Lever
Systems and Information Development Worker: Diane Craddock
Community Engagement Development Worker: Louise McDade
Neighbourhoods Participation Development Worker: Victoria Urmston
Community Engagement Workers: Zahida Abbas, Monica Ballani, Hema Chevli, Jolene Dodd, Yasmin Ghanchi, Rehana Makkan, Tracey McCue, Razia Mohamed, Christopher Oliver, Samim Vali

Bolton Volunteer Centre

Co-ordinator: Heather Potter
Volunteering Support Worker: Hava Yakub
Administrative Support Worker: Shahenazbanu Patel

Health & Care Together

Co-ordinator: Thaira Qureshi
Health Development Worker: Carol Hayden
Administrative Support Worker: Farzana Patel

The Bolton Hub

Co-ordinator: Brian Stubbs
Hub Receptionist Volunteers: Symone Akhtar, Bianca Atherton, Natasha Aurakzai, Lorna Black, Heather Collings, Denise Harrison, Barry Hewitt, Tracy Hopgood, Shamila Hussain, Razia Ikhtlaq, Chris Judd, Shamaela Khan, Judith Leach, Tracey MacLellan, Deepak Madhavji, Maria Nunes, Shupikai Nyakurwa, Kiron Payne, Lesley Pitman, Lynn Pooley, Joanne Rimmer, Kelly Whittle, Andrea Wilson
Hub Caretakers/Cleaners: Bharat Patel, Sarla Patel, Harry Hubert

Bolton CVS, The Bolton Community Network, Health and Care Together, and Bolton Volunteer Centre are all based at

The Bolton Hub, Bold Street, Bolton, BL1 1LS

**Our FREEPOST address is FREEPOST RRRZ-SXZB-LTAY
Bolton CVS, Bolton BL1 1LS.**

Your contribution is needed...

Over 1800 copies of JUMBO are produced and distributed throughout the Borough in January, March, May, July, September and November.

We are keen to include your articles, information, experiences, diary dates, training events, inserts.

Ways in which you can contribute to this newsletter:

- Send your contribution to the Editor at Bolton CVS (address above) or by email to: shafiqa@boltoncvcs.org.uk.
- If posting, please save the text in Microsoft Word, please also include a paper copy.
- We reserve the right to edit articles or not to publish.
- The views expressed in JUMBO do not represent the policy or views of Bolton CVS, the Board of Trustees, staff or volunteers of Bolton CVS.
- Contact Shafiqa if you need support or assistance in writing your article or even in starting or developing your own group newsletter.
- We may also place articles on the CVS website.



**COPY DEADLINE FOR THE NOVEMBER ISSUE
Monday 22nd September 2010
DEADLINE FOR INSERTS
Thursday 11th October 2010**

Bolton CVS

Tel: 01204 546010
Fax: 01204 546011
www.boltoncvcs.org.uk



Bolton Community Network

Tel: 01204 546040
Fax: 01204 546041
www.boltoncvcs.org.uk/bolton-community-network



Bolton Volunteer Centre

Tel: 01204 546060
Fax: 01204 546041
www.boltoncvcs.org.uk/volunteer-centre



Health and Care Together

Tel: 01204 546050
Fax: 01204 546051
www.boltoncvcs.org.uk/health-and-care-together



The Bolton Hub

Tel: 01204 546000
Fax: 01204 546001
www.boltoncvcs.org.uk/the-bolton-hub



બોલ્ટન કોમ્યુનિટી અને વોલન્ટરી સર્વિસ, ધી બોલ્ટન કોમ્યુનિટી નેટવર્ક,
હેલ્થ એન્ડ કેર ટુગેથર, અને બોલ્ટન વોલન્ટરી સેન્ટર અમે હવે અહીં છીએ.
ધી બોલ્ટન હબ, બોલ્ટ સ્ટ્રીટ, બોલ્ટન, બલિયોન ૧ ૧ બોલ્ટન
ફોન: ૦૧૨૦૪ ૫૪૬ ૦૧૦

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Bolton Hub, Bold Street, Bolton, BL1 1LS

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Registered Charity No. 1003123**



**NAVCA
Quality
Award**

**Bolton
Council**

Funded and supported by Bolton Council



INVESTORS IN PEOPLE



The Bolton Hub

Bolton

BL1 1LS

Tel: 01204 546040 **Fax:** 01204 546041

Email: diane@boltoncvs.org.uk

Website: www.boltoncvs.org.uk/bolton-community-network

In this edition of Jumbo we are bringing you an exciting new look. Over the next few pages we are showing some of the exciting community engagement work we have carried out recently. If your group would like to take part in any of these activities please get in touch and we will come out to see you.

Healthy Heads is our partnership project with NHS Bolton to promote positive mental health and wellbeing. We are delighted to welcome a new member of the family to join Upsy and Downsy. The new workshop (which we may call **Noodle Doodle!**) will be an opportunity for adults to create a head that represents something positive in their lives.



Show us how creative you can

The plaster of Paris heads begin life as a blank canvas for participants to transform. As you can see from some of the pictures it

really is up to the person behind the paintbrush to design and develop a head that means something to them about their life or their community.



The heads that are created are to be used in an exhibition that will be organised by NHS Bolton in the next 12 months. If you want to get involved please call us on 01204 546040 and we will arrange a workshop for your group.

Taking part in the workshop is a fun experience that your whole group will enjoy.

Out and About with Bolton Community Network



“I like the Big Cook Little Cook sessions. My daughter has a good time and I learn useful information about healthy eating.” - Ikram



“Setting up a new group seemed a huge task but Tracey our Community Engagement Worker helped us over the hill.”



Young members of Al Falah Mosque taking part in the Open Wide workshop.



Attendees at the Representing your Community Training.



Halliwell Neighbourhood Network - Bolton Mandhata Youth were presented with a cheque from the Small Grants Programme. At the next meeting Time Bank will be giving a presentation to promote the benefits of volunteering.



Bolton Museum held an Interactive Reminiscence workshop at the Bolton Women's Forum.



Brightmet Neighbourhood Network - Lancashire Wildlife Trust gave a tour of Seven Acres.



Members from South Asian Women's Carers Group taking part in a Hands On Cancer Campaign workshop.



Ellen Hulme Dance Troupe gave a display at Rumworth Fun Day.



Andy and Asif - Support Workers with Saathi Asian Men's Group taking part in Breathe Easy 'Top Trumps'.



Young at Heart Group - "We played an interesting game and had fun together it lifted our spirits".

Dates for your diaries

Brightmet Neighbourhood Network

Tuesday 14th September
2010
6.30 pm - 8.30 pm
Leverhulme Community
Centre, Long Lane

Cleaner Greener Forum

Thursday 16th September
2010
12 noon - 2.30 pm
The Bolton Hub
Bold Street, Bolton BL1 1LS

Haulgh Neighbourhood Network

Tuesday 21st September
2010
10.00 am - 12 noon
The Ukrainian Centre
Castle Street

Halliwell Neighbourhood Network

Tuesday 28th September 2010
10.00 am -12 noon
St Mathews Church
Brownlow Way

Third Sector Forum

Wednesday 22nd September
2010
12.30 noon - 3.00 pm
The Bolton Hub
Bold Street, Bolton BL1 1LS

Tonge & Hall i'th Wood Neighbourhood Network

Wednesday 29th September
2010
7.00 pm - 9.00 pm
Tonge Children's Centre
Starkie Road

Johnson Fold Neighbourhood Network

Thursday 14th October 2010
7.00 pm - 8.30 pm
St James Church
Montserrat Road

Great Lever Neighbourhood Network

Thursday 21st October
2010
10.00 am -12 noon
Great Lever Community
Centre
Bradford Road